Clinical Reproductive Endocrinology





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Clinical Reproductive Endocrinology

- Reproductive hormones
- Assay methods
- Physiology of reproductive hormones in the female
- Clinical aspects of reproductive endocrinology
- General comments

Reproductive hormones

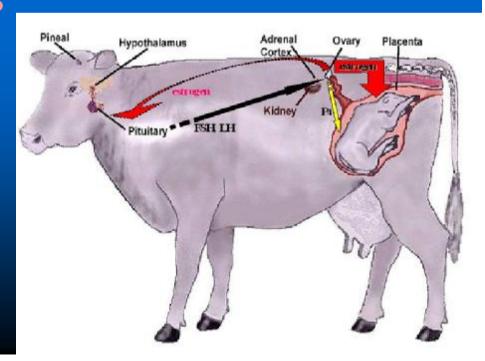
- Definition of hormones
- Chemical classes of reproductive hormones
- Hormone receptors
- Interconversion of steroids in target tissues
- Synthesis and clearance of hormones

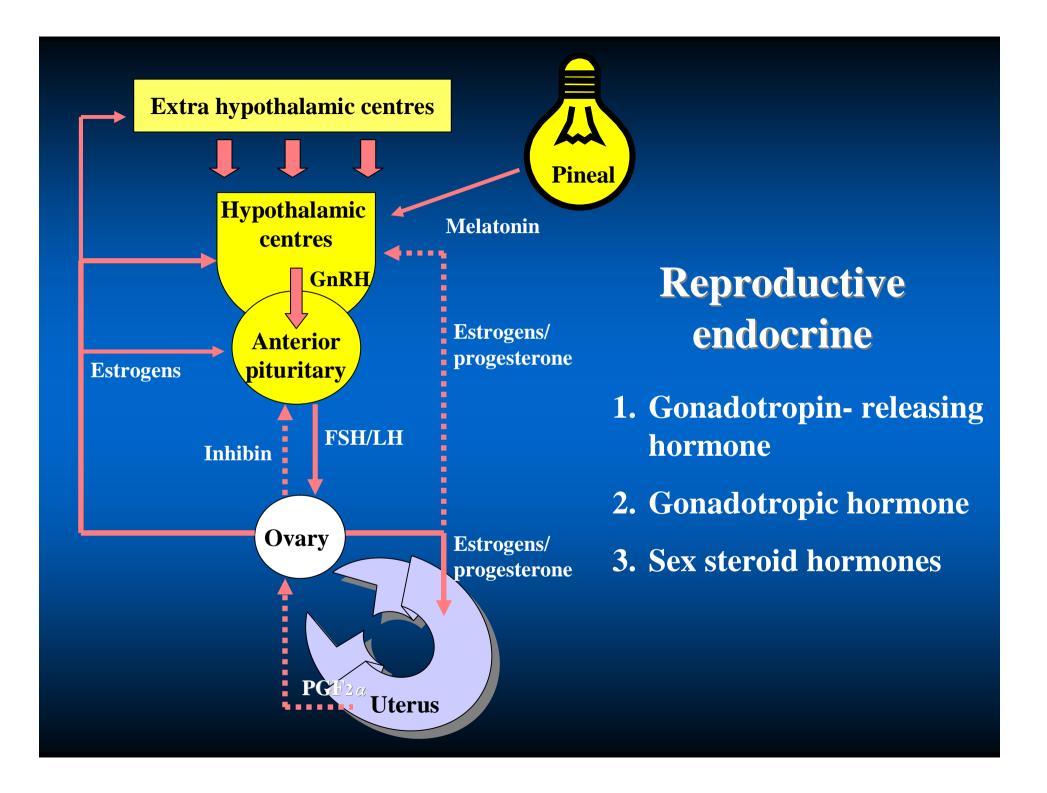
Definition of hormones

- synthesized and secreted by ductless endocrine glands
- minute quantities
- directly into the blood vascular system
- Classic endocrine glands:
 - pituitary, thyroid, parathyroid, adrenal,
 pancreas, ovary, testis, placenta, pineal gland

Definition of hormones

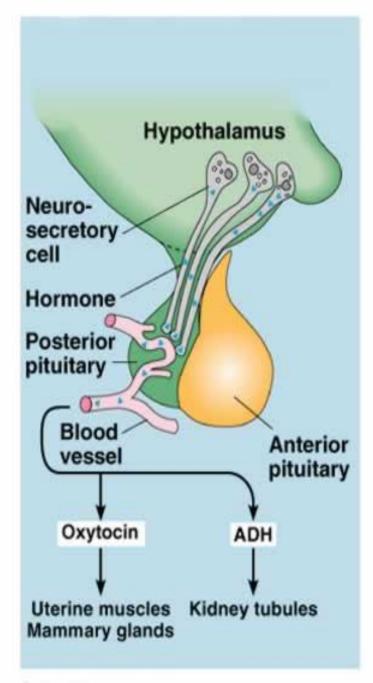
- Reproduction
 - pituitary, pineal glands, gonads, placenta
 - adrenal and thyroid glands
 - uterus, hypothalamus

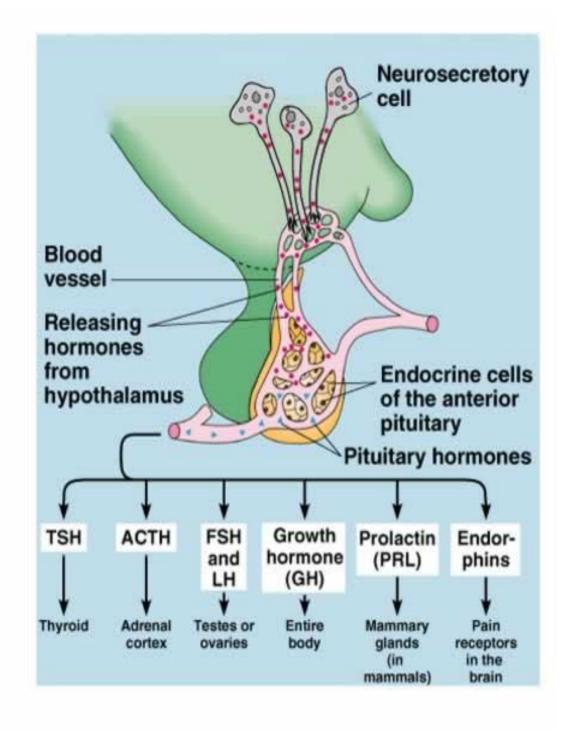




Chemical classes of reproductive hormones

- Peptide and protein hormones
 - Releasing hormones, Inhibitory hormones
 - Hypophyseal hormones
 - Neurohypophyseal hormones
 - Placental gonadotropins
 - Subunits
- Steroid hormones
- Prostaglandins





Peptide and protein hormones

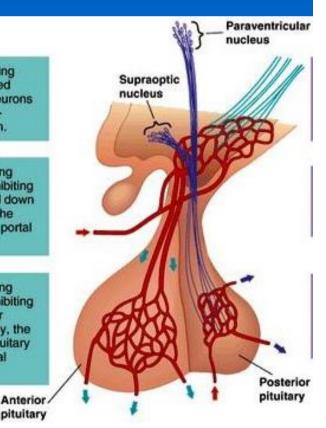
- Releasing hormones, (GnRH, TRH, CRH, PRH, GH-RH)
 - Peptide hormones
 - produced within the hypothalamus



- Adenohypophysis
- Inhibitory hormones
 - Growth hormone(GIH)
 - Prolactin(PIH)

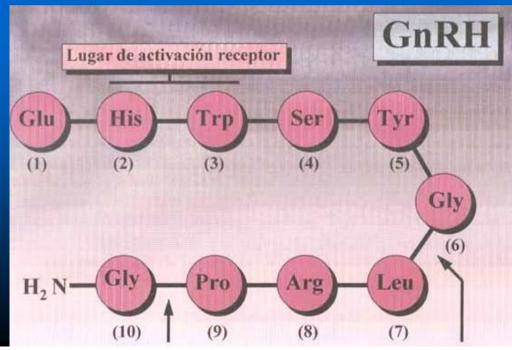
TSH - V
Insulin -, glucagon -

- Releasing and inhibiting hormones are released from hypothalamic neurons into the hypothalamopituitary portal system.
- 2 Hypothalamic-releasing and hypothalamic-inhibiting hormones are carried down the pituitary stalk by the hypothalamopituitary portal system.
- 3 Hypothalamic-releasing and hypothalamic-inhibiting hormones increase or decrease, respectively, the release of anterior pituitary hormones into general circulation.

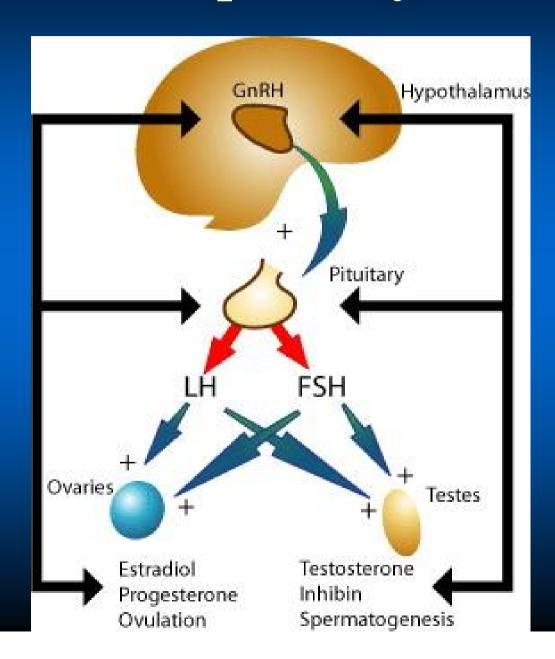


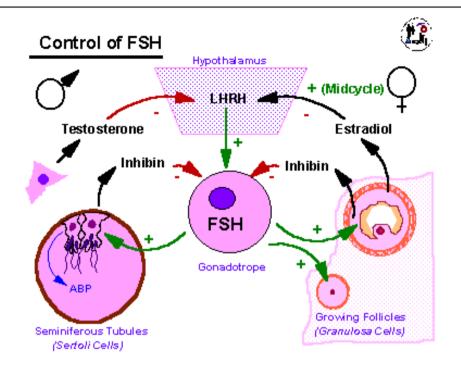
Releasing hormones

- Gonadotropin-releasing hormone (GnRH)
 - pGlu-His-Trp-Ser-Tyr-Gly-Leu-Arg-Pro-Gly-NH2 (MW of GnRH @ 1,182)
 - regulate the release of FSH and LH



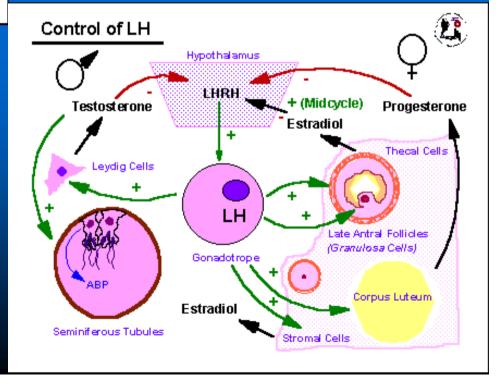
hypothalamic-pituitary-ovarian axis





LH and FSH are released into the systemic circulation, traveling to the target reproductive organs (testes and ovary) where sex steroid hormones are controlled.

LH sends the same message and results in increased testosterone production by the testis due to LH effect on the Leydig cells of the testis.

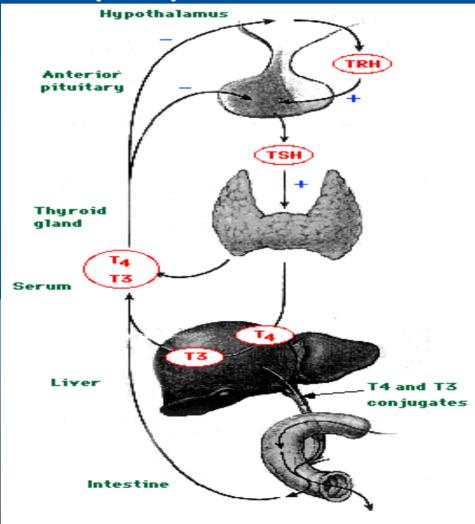


Releasing hormones

- Thyrotropin-releasing hormone (TRH)
 - pGlu-His-Pro-NH2(MW of TRH @ 362)
 - → regulate the release of TSH, GH, and prolactin

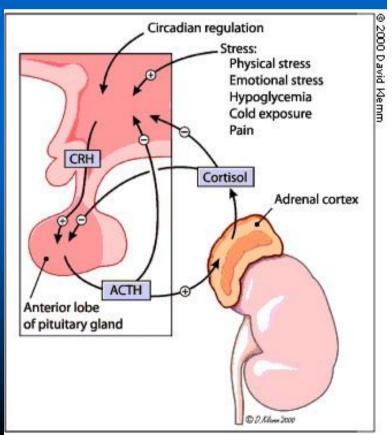
$$O = \begin{cases} N & N - H \\ CH_2 & O \\ C - NH - CH - C - N - C - NH_2 \\ (pyro)Glu-His-Pro-(NH_2) \end{cases}$$

Pathways of thyroid hormone metabolism



Releasing hormones

- Corticotropin-releasing hormone (CRH)
 - CRH is a 41-amino acid peptide
- regulate the release of ACTH



Peptide and protein hormones

- Hypophyseal hormones
 - Glycoprotein, FSH and LH, prolactin
 - MW of LH @ 30,000 (bovine, ovine, procine, equine)
 - MW of FSH @ 32,000 (ovine, equine)
 - MW of prolactin @ 23,000 (bovine, ovine, procine)
- FSH, LH, TSH, ACTH produced in basophilic cells
- Prolactin-localized in acidophilic cells

Prolactin

- Luteotrophic hormone (LTH): a corpus luteumstimulating effect in mouse, rat, dog and cat
- 198 a.a, MW 23,300 and a 15-minute half-life in sheep
- increasing in lactation (mamotropin)
- stimulating the pigeon crop gland to secret "crop milk"

Peptide and protein hormones

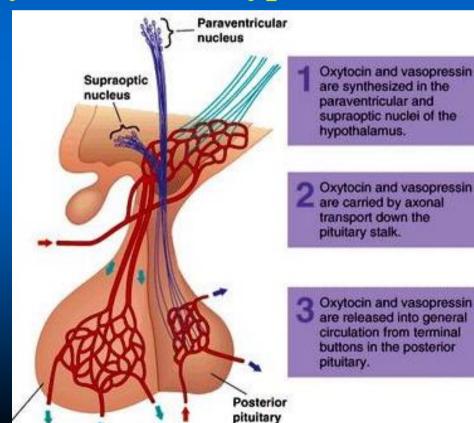
Neurohypophyseal hormones

Oxytocin, Vasopressin (synthesized in hypothalamus)

Axoplasmic fluid

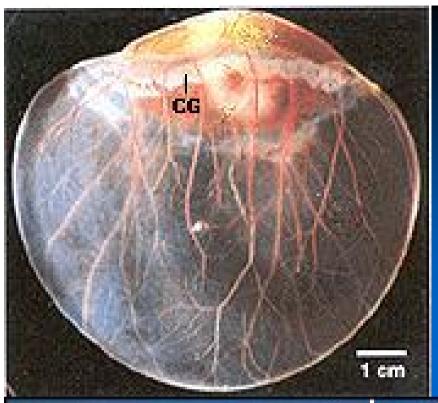
Posterior pituitary

Stimulation of the N cell release



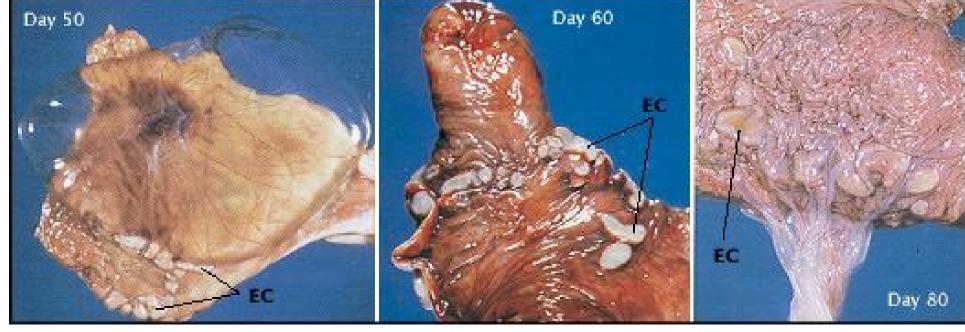
Peptide and protein hormones

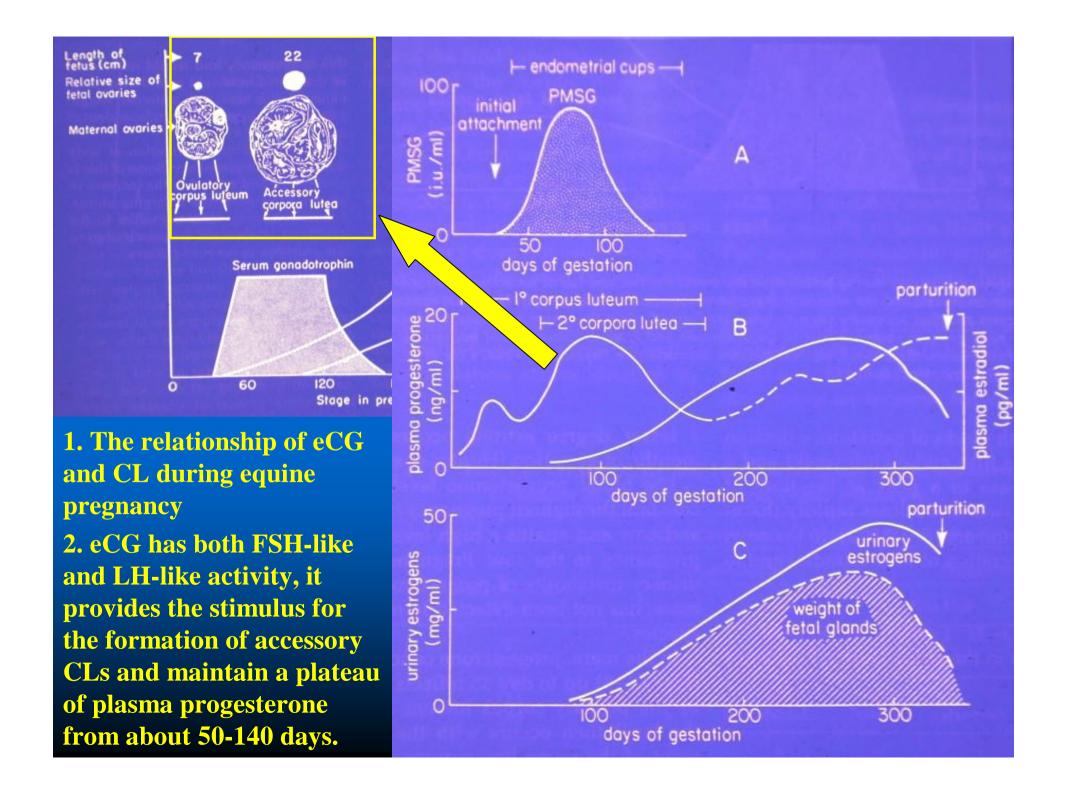
- Placental gonadotropins
 - PMSG (eCG, MW @ 70,000), a protein hormone in serum, produced by fetal trophoblastic cells of pregnant mares
 - The function of endometrial cups begins on day 36 until 120 days of pregnancy.
 - hCG(MW @ 36,000), a protein hormone, extracted from the urine of pregnant women from 30-40 days of pregnancy
 - glucocortocoid, estrogen, progestin, relaxin...



Endometrial cups

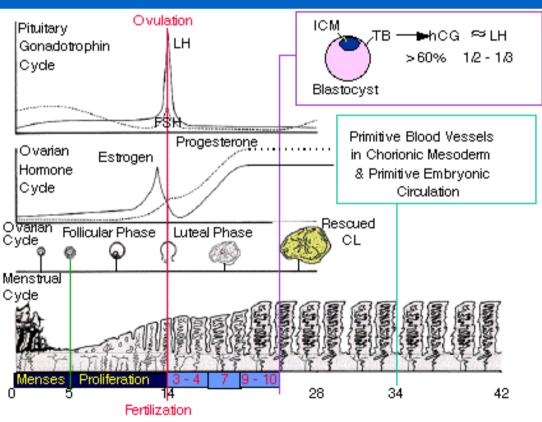
Endometrial cups develop from cells of the chorionic girdle, circumferentially around the conceptus at a point where the membranes of the allantois and yolk sac meet.





Clinical use of hCG

- 1. One Step hCG Urine Pregnancy Test
- 2. hCG is also used to treat women with certain ovarian disorders.





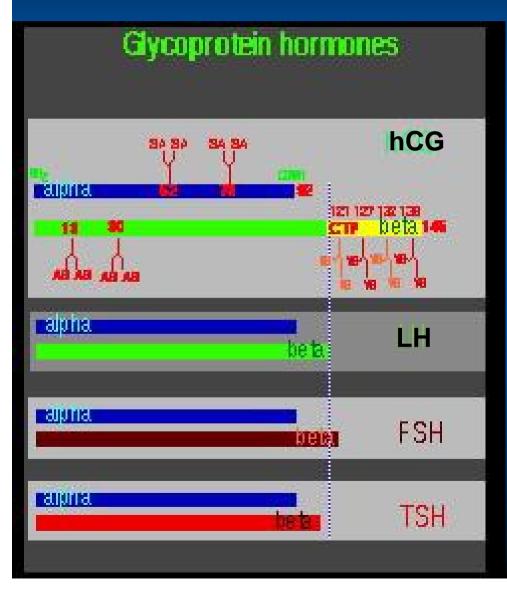
Clinical use of hCG

• Athletes use hCG to increase the body natural production of testosterone which is often depressed by long term steroid use.



• HCG therapy has been found to be very effective in the prevention of testicular atrophy and to use the body own biochemical stimulating mechanisms to increase plasma testosterone level during training.

Peptide and protein hormones



hCG - subunit α : 96 a.a

subunit β : N-terminal specific

for hCG

LH - subunit α : 96 a.a.

subunit β : 119 a.a specific for LH

FSH - subunit α : 96 a.a

subunit β : specific for FSH

TSH - subunit α : 89 a.a in human

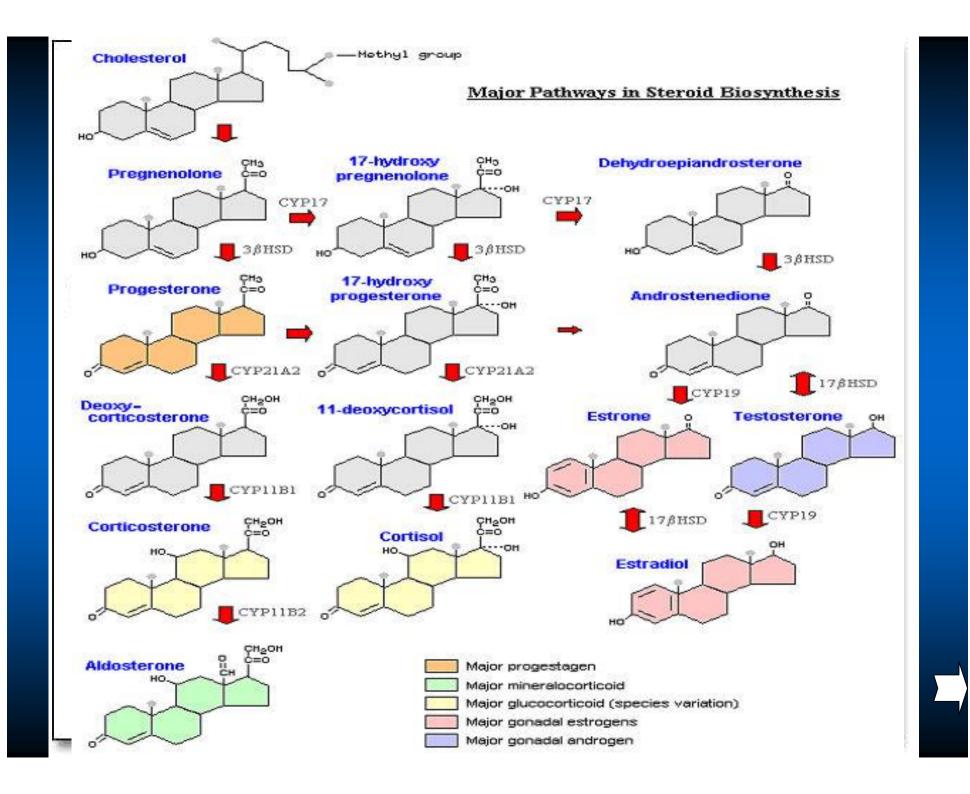
subunit β : 112 a.a in human

Peptide and protein hormones

- Subunits, a, b
 - b-subunit, unique for each hormone within a species, determines the biological activity.

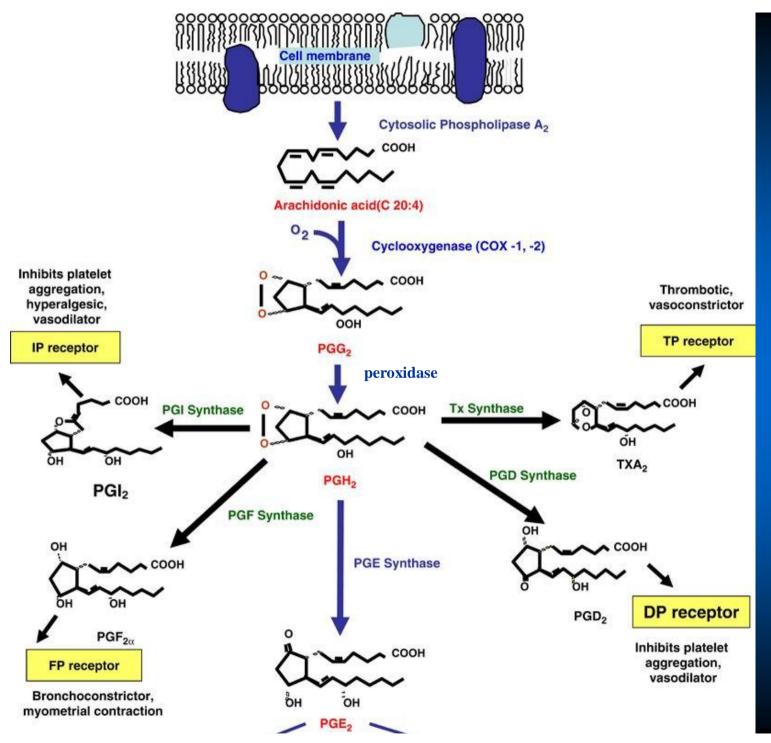
Chemical classes of reproductive hormones

- Steroid hormones
- derived from the precursor, cholesterol
- MW < 500
 - Estrogens (estradiol)
 - Androgens (testosterone)
 - Progesterones (progesterone)



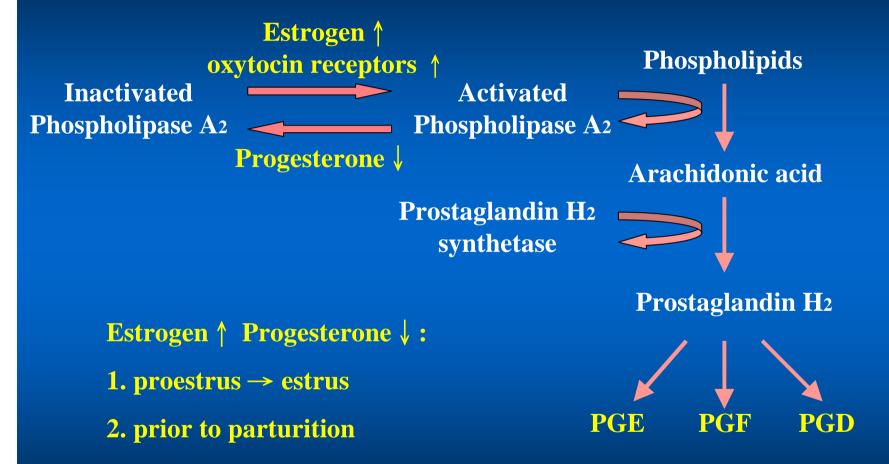
Chemical classes of reproductive hormones

- Prostaglandins
 - a group of 20-C unsaturated fatty acids
 - MW: 300-400
 - local hormones, short biological half-life with a local action
 - found in mammalian tissues, uterus and prostata



Biosynthesis of PG from arachidonic acid

Synthesis of prostaglandin affected by estrogen



Function of prostaglandins

PGE, stimulates

vascular dilation

bronchiodilation

gastrointestinal and uterine contraction

inflammatory response

mimics

hormones that act through cyclic AMP

inhibits

platelet aggregation

PGF₂

stimulates

vascular constriction

bronchioconstriction

smooth muscle contraction, e.g. intestinal tract, uterus

PGI,

inhibits

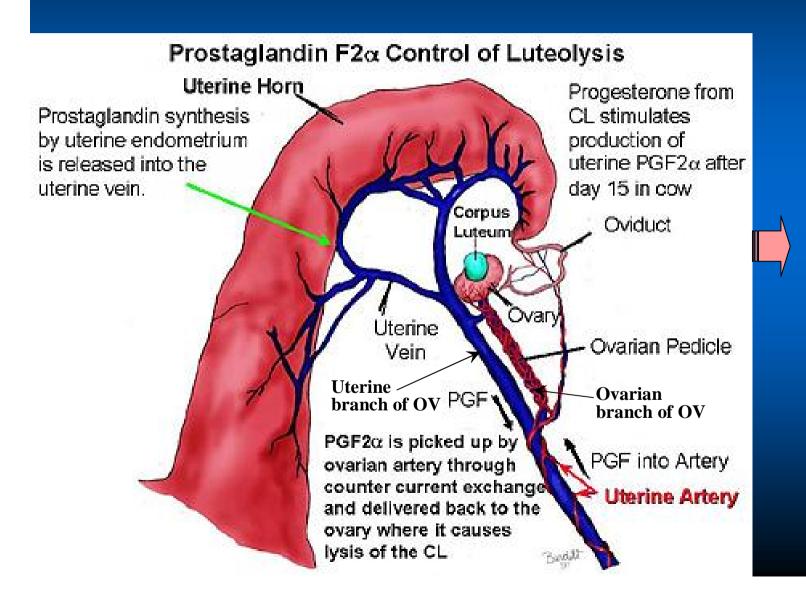
platelet aggregation (increases cAMP)

vascular constriction

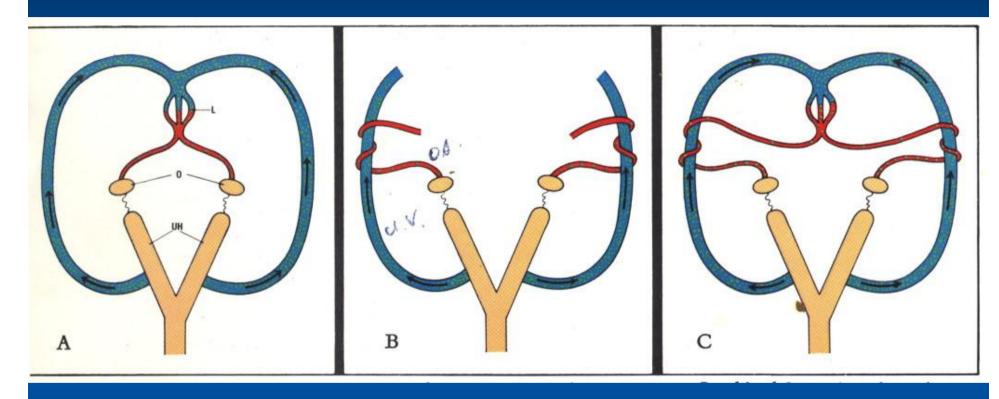
bronchioconstriction

gastrointestinal and uterine contraction

vascular uteroovarian pathways for PGF2 α



vascular uteroovarian pathways for PGF₂ α



Systemic uteroovarian pathway:

horse, rabbit

Local uteroovarian pathway:

sheep, cattle, (guinea pig, hamsters, rats)?

Combined systemic and local uteroovarian pathway: swine

Clinical use of PGF2a

endometritis/pyometra



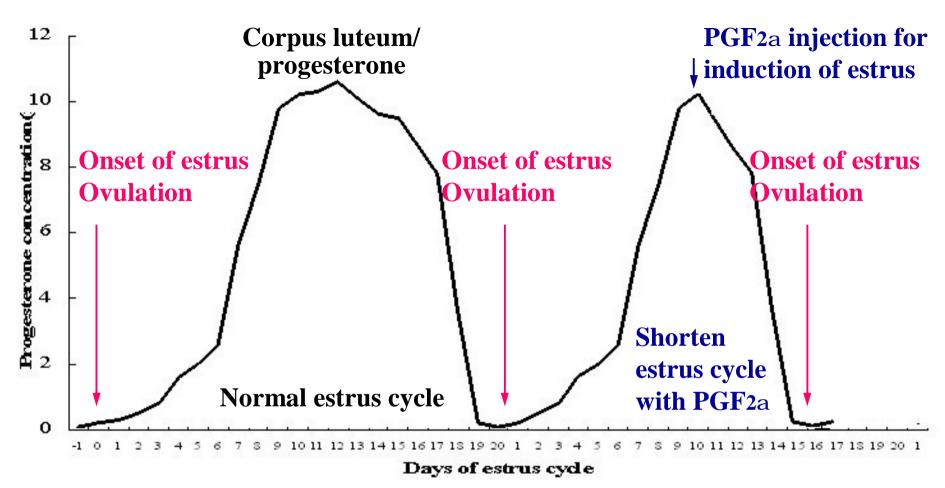




Clinical use of PGF2a

Inject Inject Prostaglandin Prostaglandin Estrous Detection and Inseminate Day of Schedule 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 //// 32 33 34 35 36 37 38





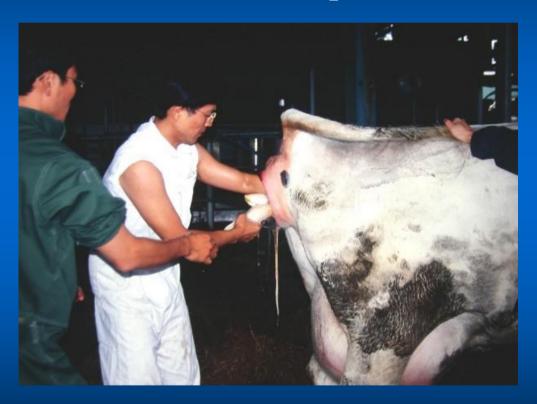


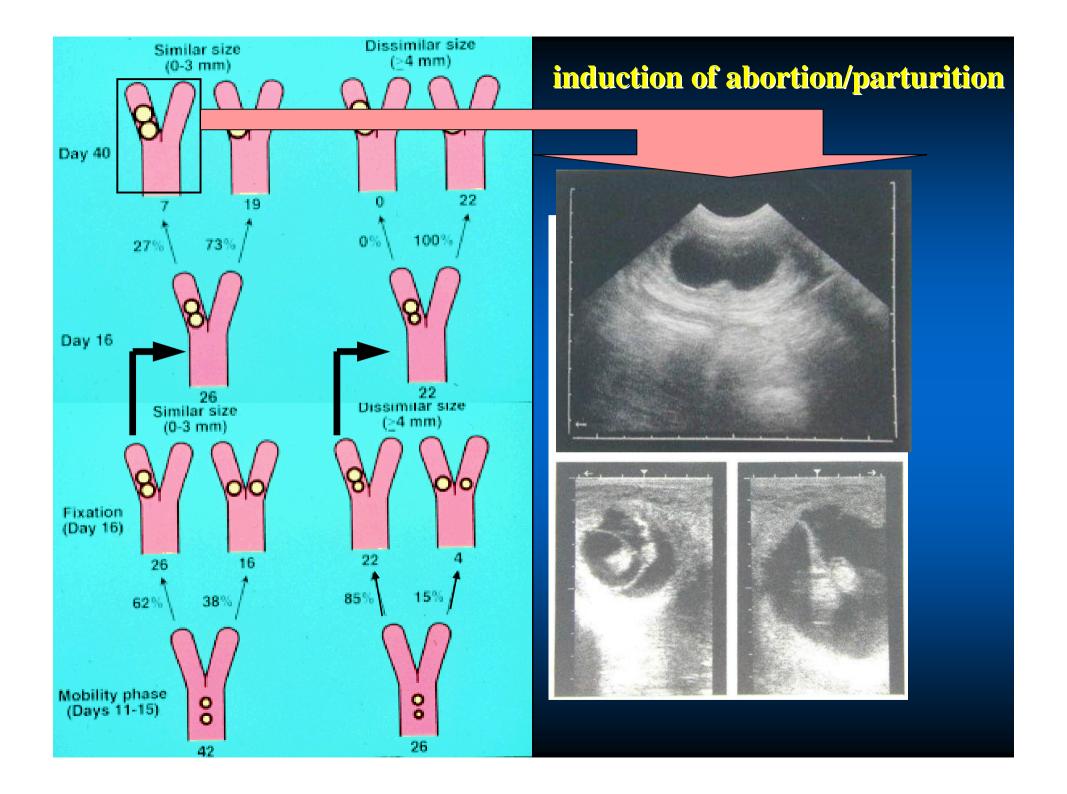
Clinical use of PGF2a



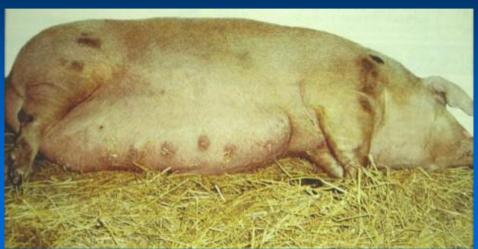


induction of abortion/parturition





Clinical use of PGF2a

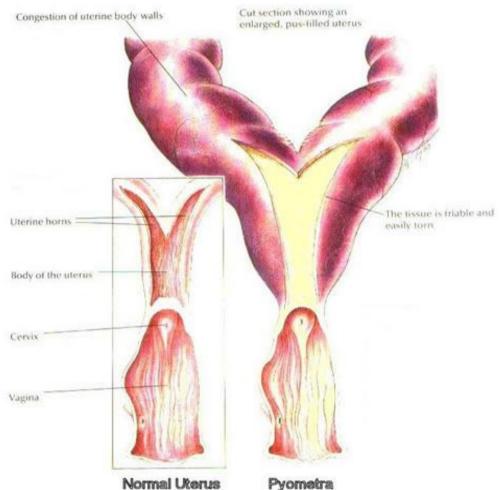








Pyometra



only in the case of open pyometra!!

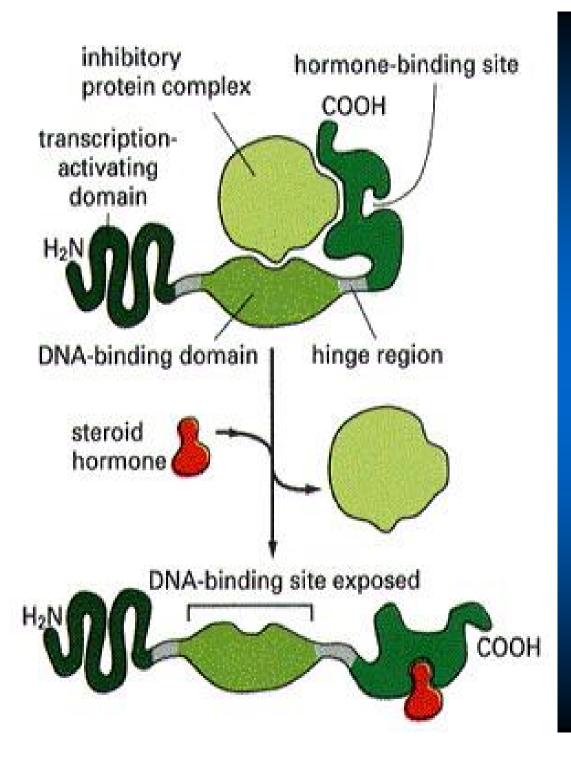
Clinical use of PGF2a

induction of abortion endometritis/pyometra



Hormone receptors

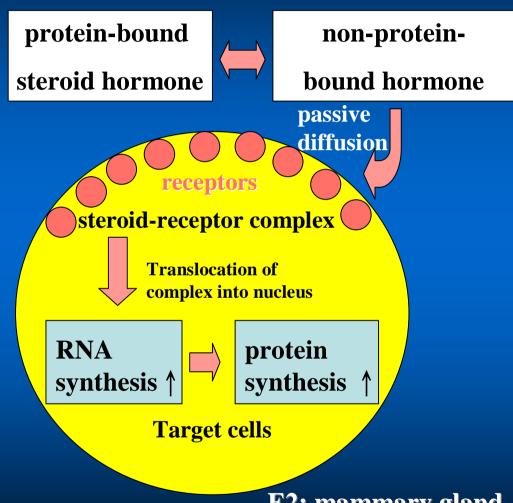
- Steroid hormones
 - fat soluble, able to enter all cells
 - -low concentration (estrogen: 10-150 pmol/L in non-pregnant female)
 - Receptors enable the target cells
 - -to concentrate the hormone within the cell
 - -to elicit particular cellular responses
 - -to create a biological response on specific binding

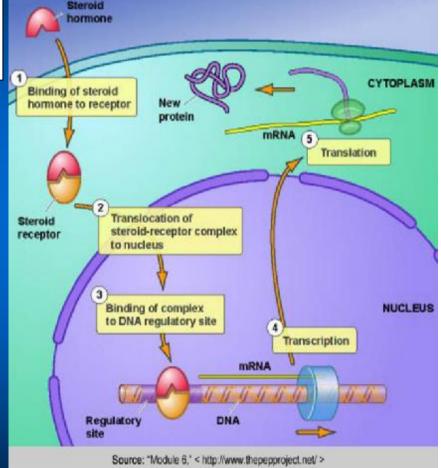


The steroid hormone receptor is made up of three domains:

- 1. a modulating N-terminal domain (transcription-activation domain),
- 2. a DNA-binding domain
- 3. a C-terminal steroid-binding domain.

Hormone receptors



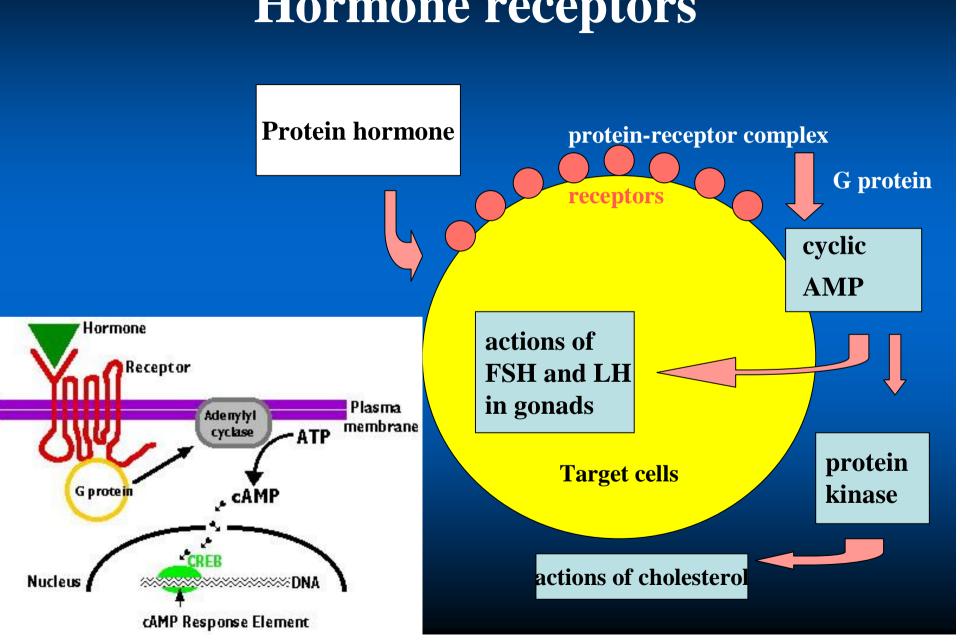


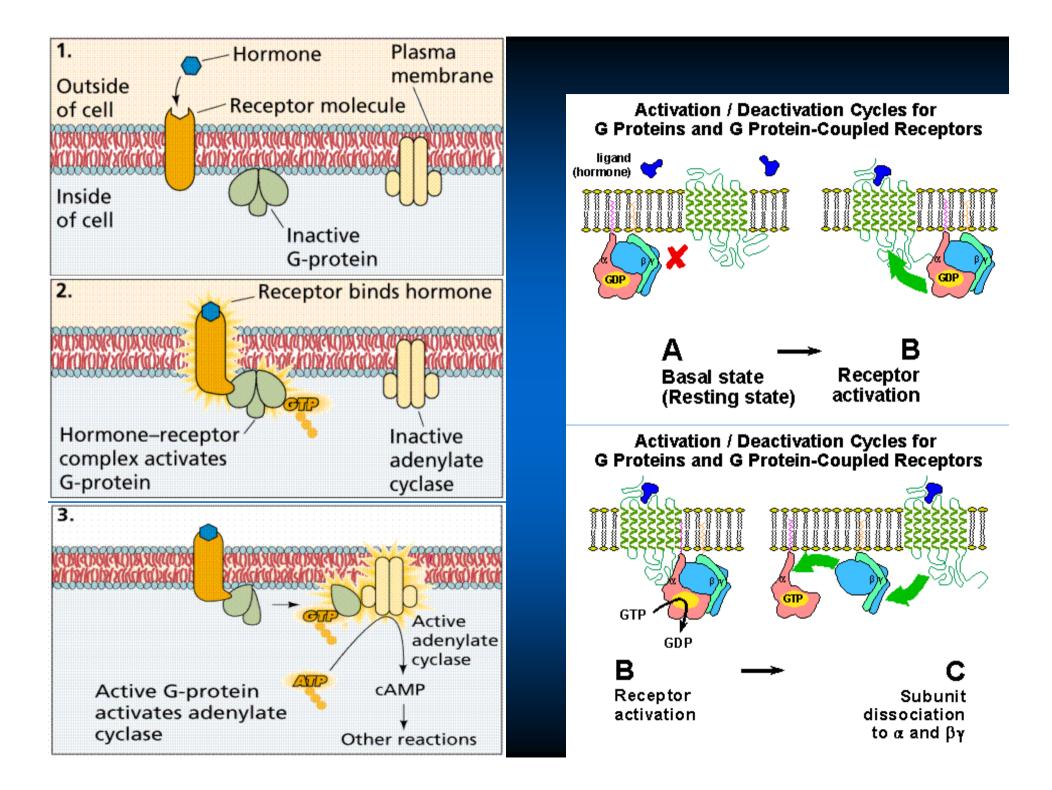
E2: mammary gland

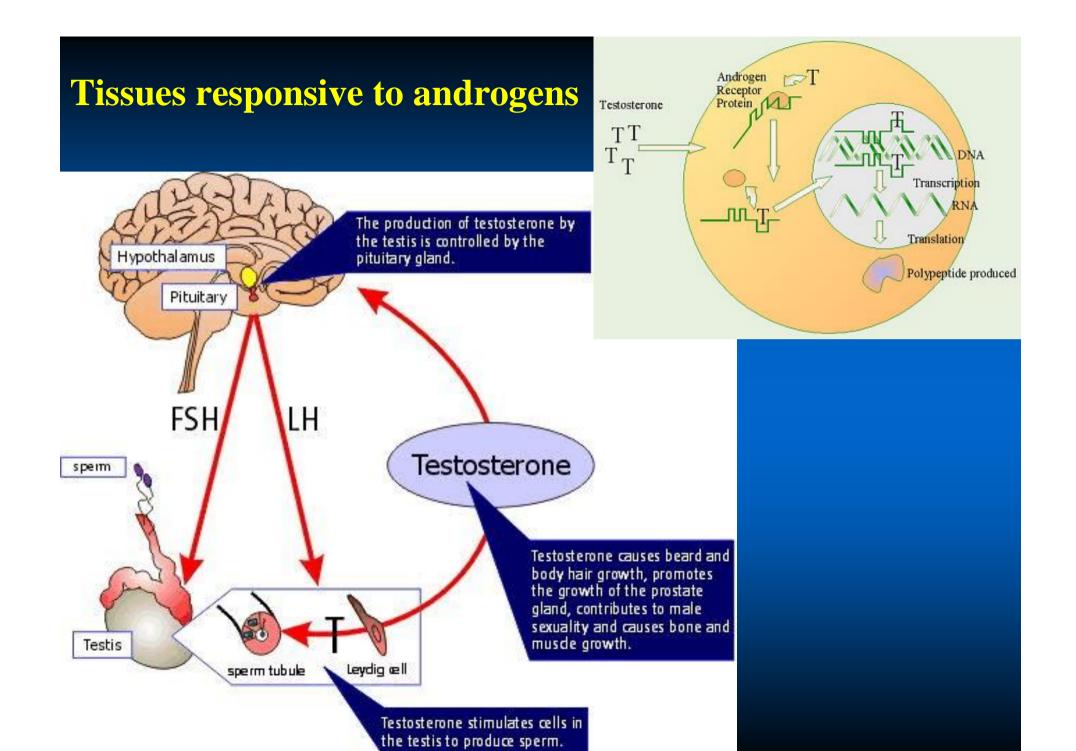
P4: endometrium

T: sertoli cell

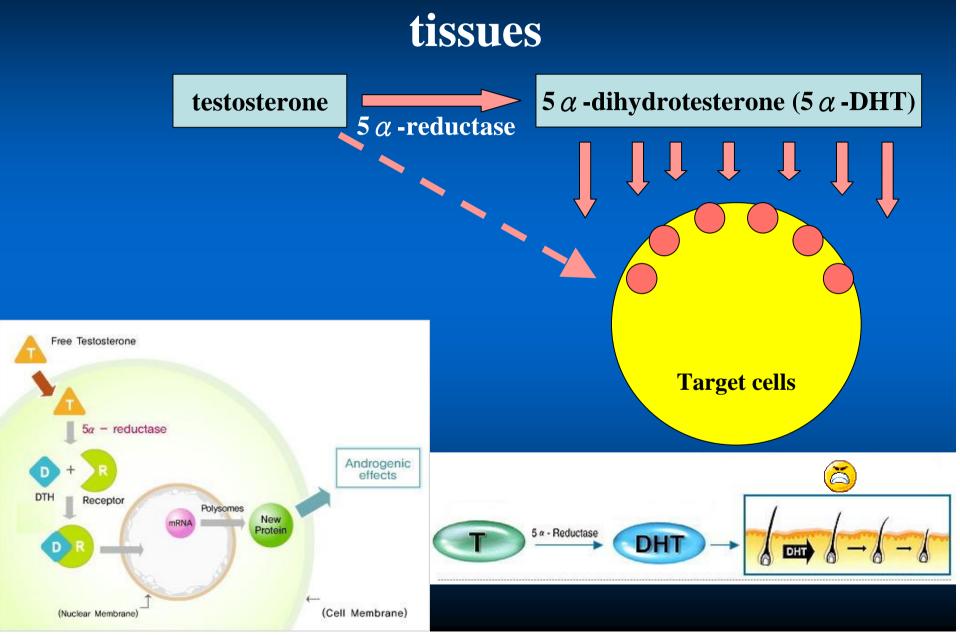
Hormone receptors



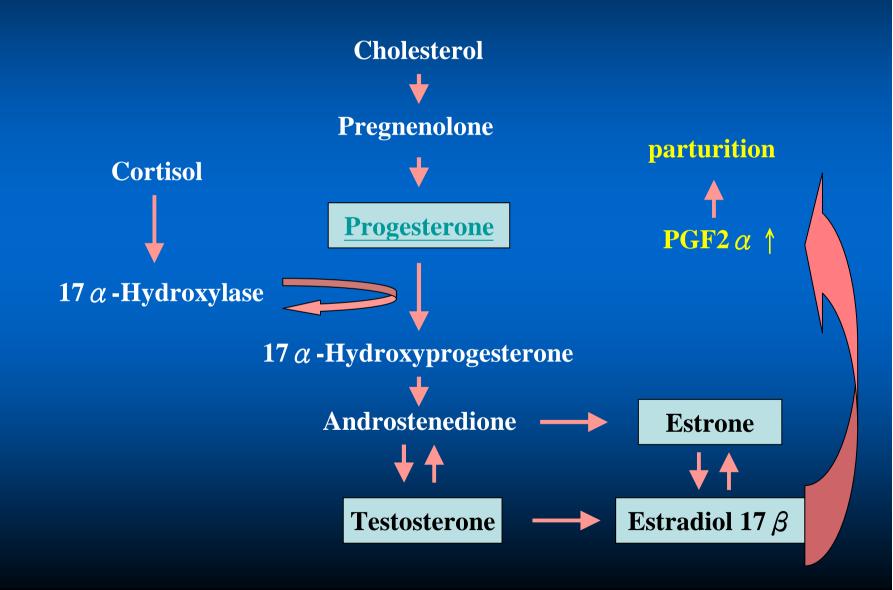




Interconversion of steroids in target tissues



Progesterone conversion in the placenta



- Synthesis and clearance are main the factors, which influence the hormone concentrations.
 - The concentration of a hormone reflects its rate of synthesis or secretion.
 - metabolized by liver
 - detection of the body fluids (plasma, urine, saliva, feces…)
 - --> reproductive condition, ex wild animals

 under the control of gonadotropins in pulsatile mode



- The secretion of testosterone changes in pulsatile rate.
- varying from 3.5 20 nmol/L within hours

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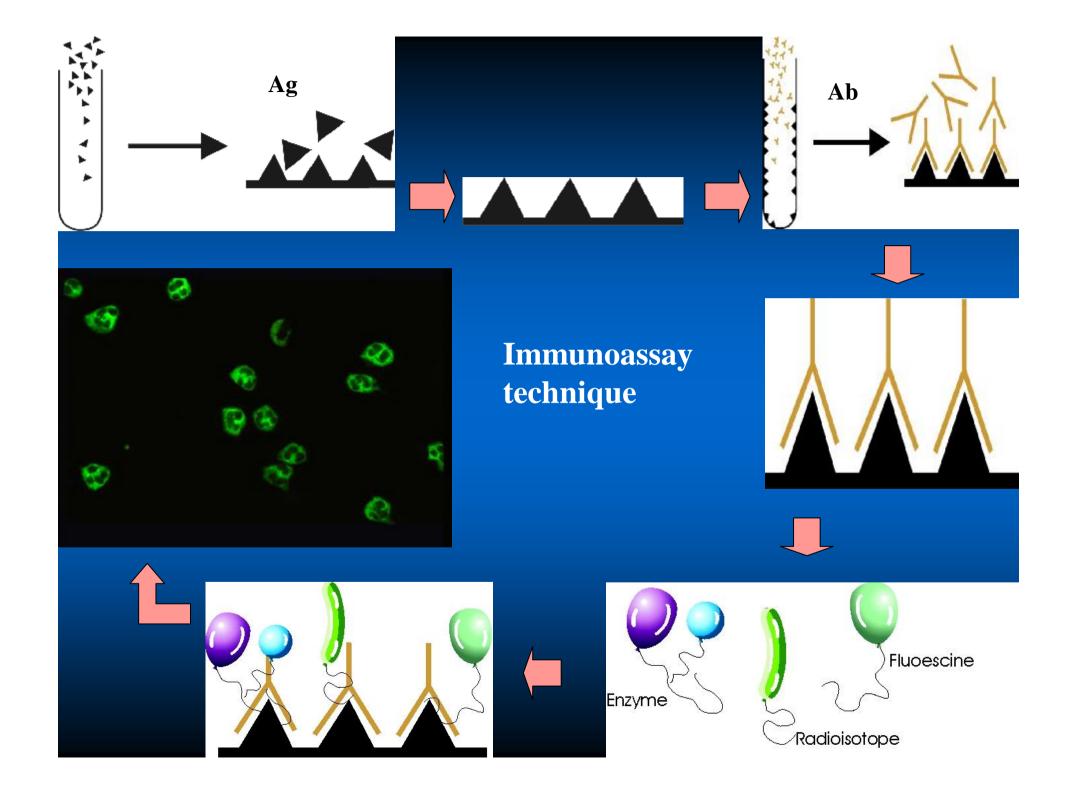
- The pulse rate of E2 and P4 remains stable.

- Placenta gonadotropins (hCG, eCG)
 - produced in high concentration
 - longer half-life than the pituitary gonadotropins
 - FSH, LH \rightleftharpoons 10-30 minutes
 - hCG = 1.5 days
 - eCG = 6 days
 - equine LH > other species

- PGF₂ $\alpha \longrightarrow 15$ -keto-13,14-dihydro- PGF₂ α
 - Half life
 - primary PGF₂ α < 20 seconds
 - 15-keto-13,14-dihydro-PGF2 $\alpha = 8$ minutes
 - -25 mg PGF₂ α , IM in cows
 - > 90% excreted in the urine and feces (2:1) over 48 hours

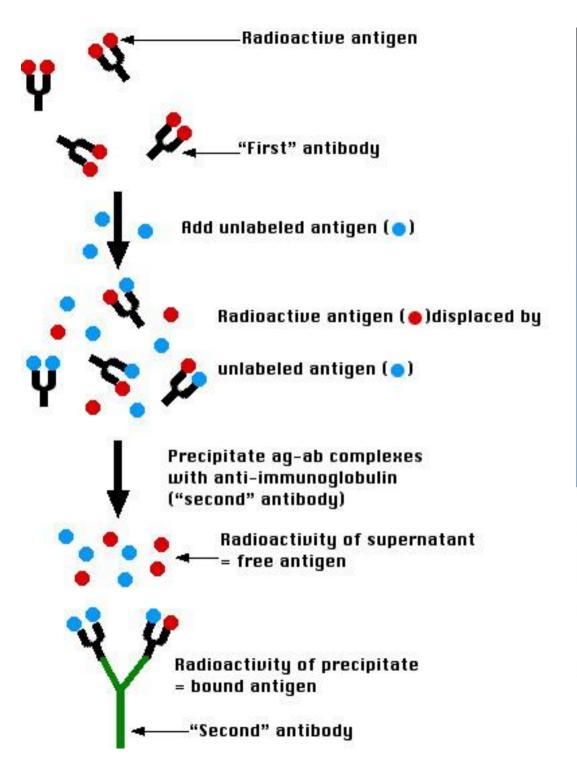
Assay Methods

- Quantification of specific hormones is necessary for the endocrinological events.
 - Weight-gain change
 - chemical determinations for steroid hormones
 - urine analysis



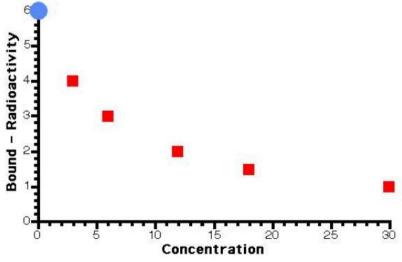
Assay Methods

- Immunoassay
 - Radio-immunoassay (Berson *et al.*, 1959), Sen: 10⁻⁹
 - Enzyme multipled immunoassay technique, Sen:10⁻⁶
 - Fluoescine immunoassay, Sen: 10⁻⁹
 - EIA (Engvall *et al.*, 1970s), Sen: 10⁻¹²
 - Chemiluminescence immunoassay, Sen 10⁻¹⁵



Radioimmunoassay

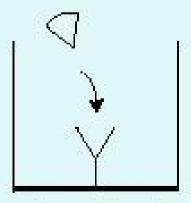
Because of the ease with which iodine atoms can be introduced into tyrosine residues in a protein, the radioactive isotopes ¹²⁵I or ¹³¹I are often used as the radioactive antigen.



Sandwich EIA

1st incubation

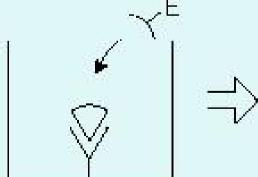
Antigen

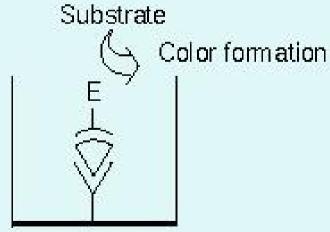


Immobilized antibody

2nd incubation

Labeled antibody

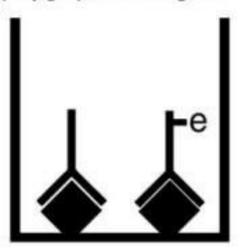




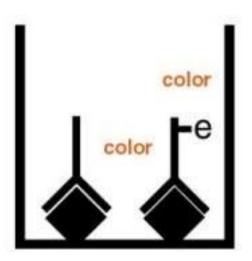
Sandwich complex

Step 1 Specific antigen is attached to a solid-phase surface

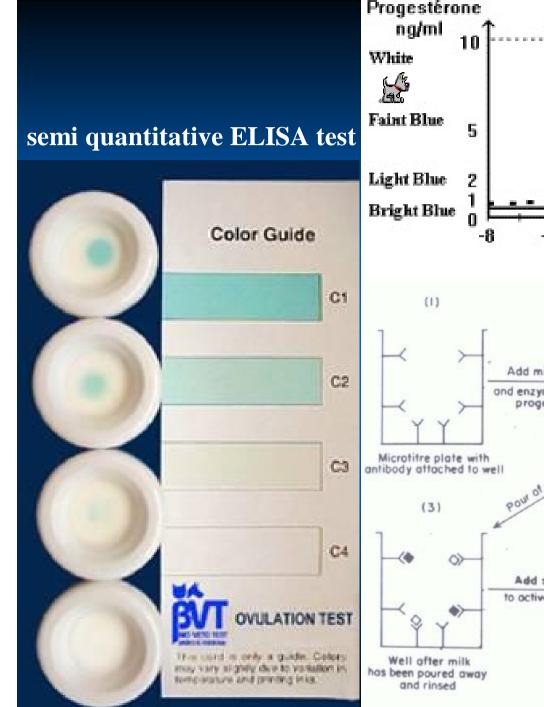
Step 2
Test specimen, which may or may not contain the antibody, and an enzyme-labeled antibody (conjugate) are added together

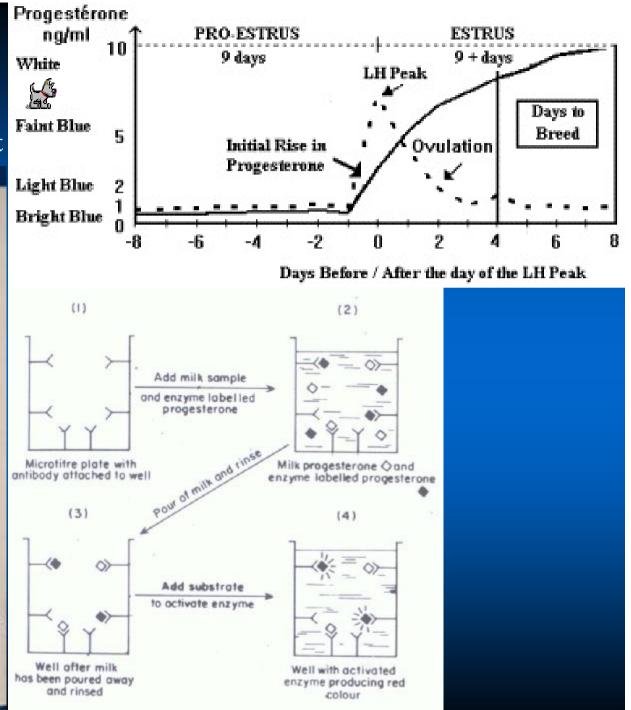


Step 3
Chromogenic substrate is added, which in the presence of the enzyme, changes color. The amount of color that develops is inversely proportional to the amount of antibody in the test specimen.



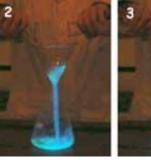
competitive EIA





The chemical luminol is oxidised by H_2O_2 , to produce a molecule in an excited state. When the excited electrons in the molecules fall back to their ground states, light is given out.











Assay Methods

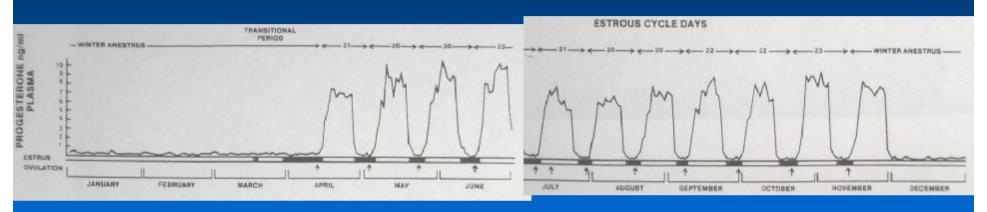
- Immunoassay
 - Radio-immunoassay (Berson *et al.*, 1959), Sen:
 10⁻⁹
 - Competitive protein binding
 - EIA (Engvall *et al.*, 1970s), Sen: 10⁻¹²
 - Chemiluminescence immunoassay, Sen 10⁻¹⁵



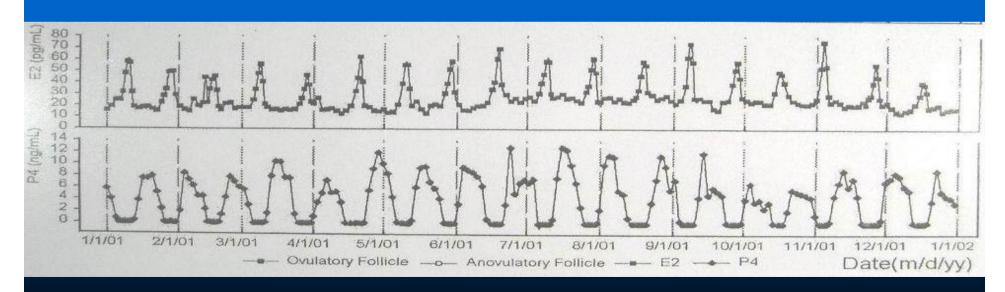
Diagnostic aids

Therapy-monitoring

Monitoring the seasonal estrus activity of mare



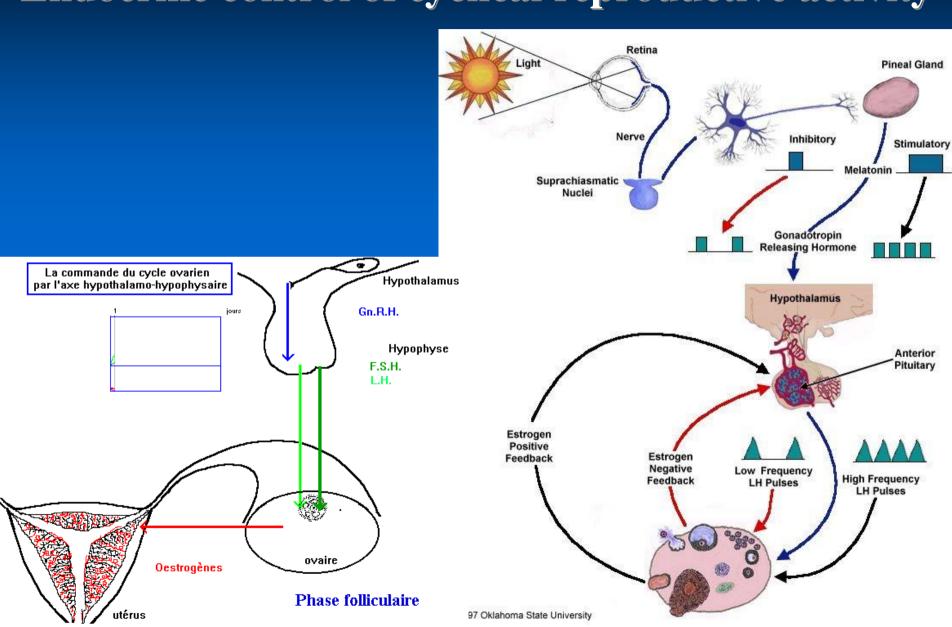
Northern semi-sphere

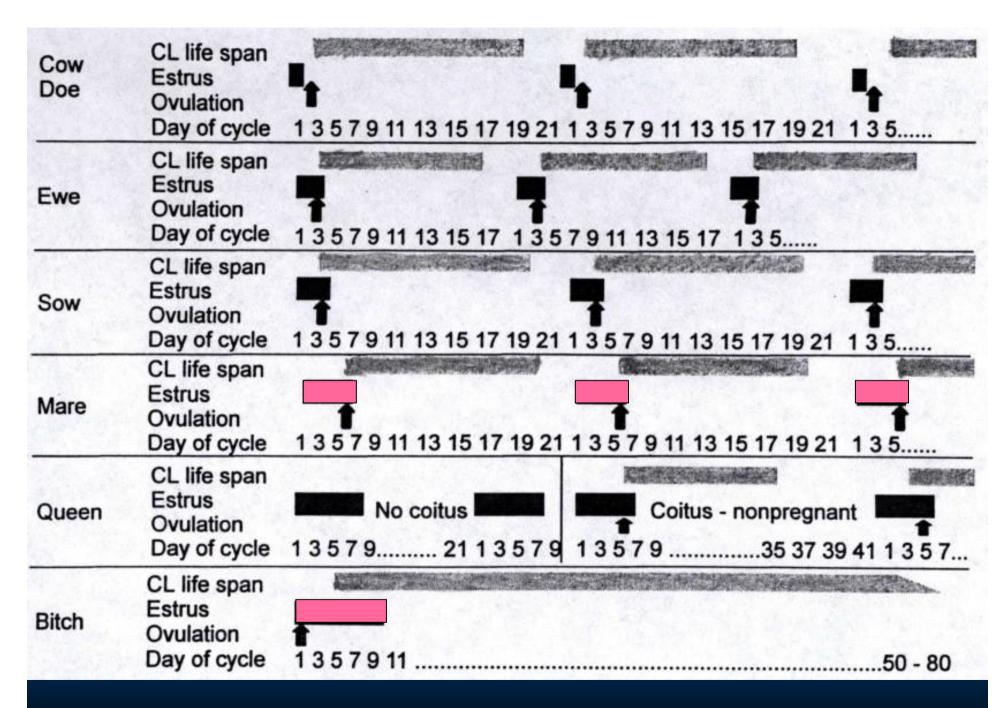


Physiology of reproductive hormones in the female

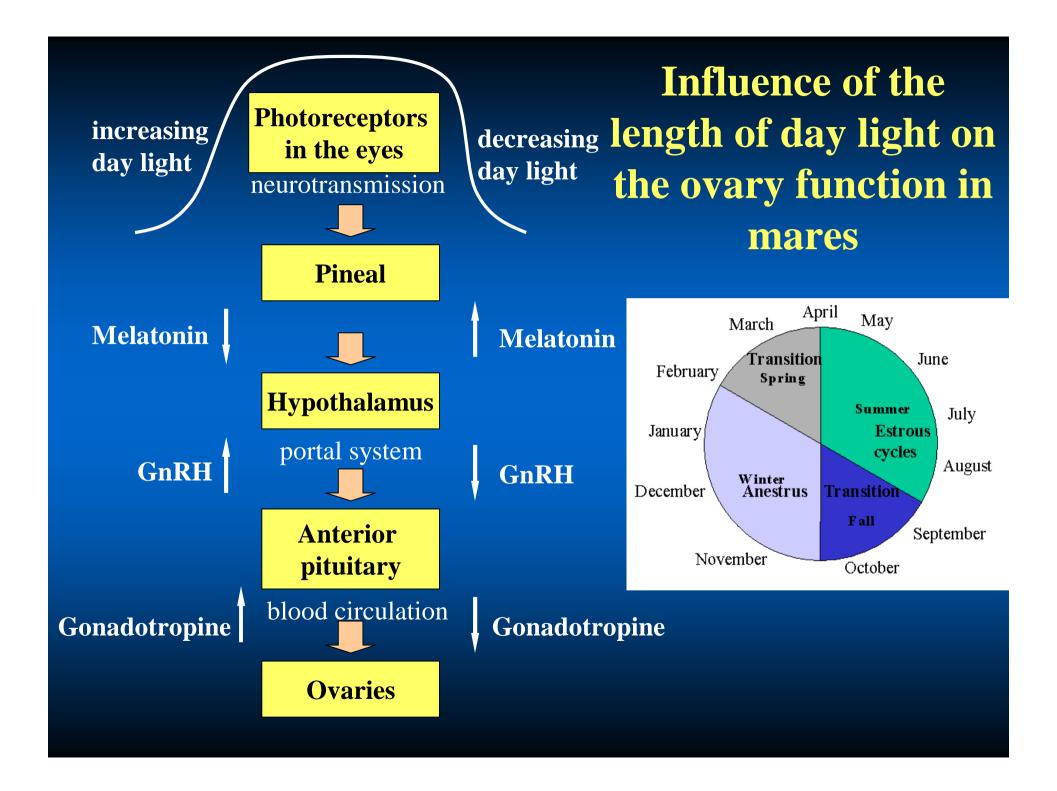
- Estrous cycle
- Control of the corpus luteum
- Early pregnancy
- Pregnancy and parturition

Endocrine control of cyclical reproductive activity

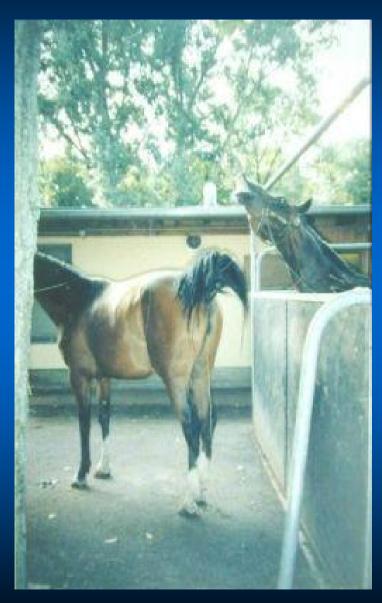




The duration of estrus, time of ovulation and duration of CL function in domestic animals

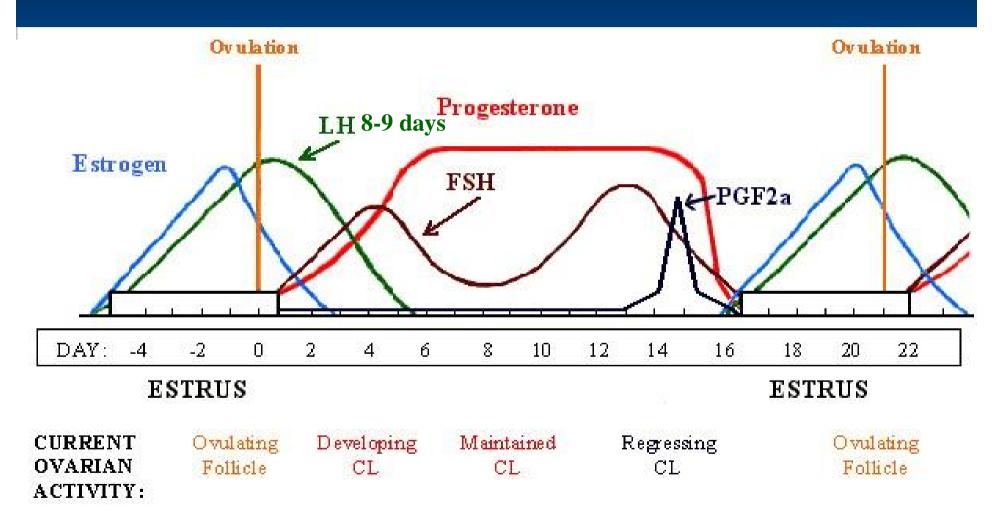


estrous behavior of mares





Large amounts of equine LH are released during an 8- to 9-day period with ovulation occurring on the 3rd to 5th day.

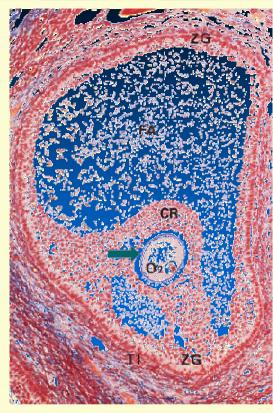


Control of the corpus luteum

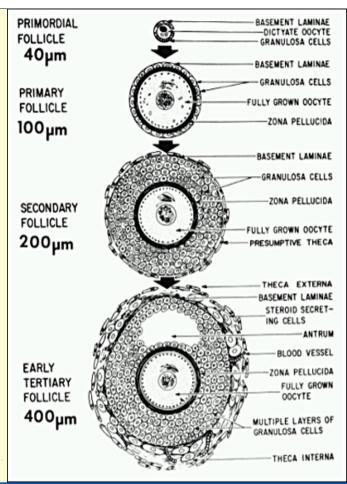
The Ovum

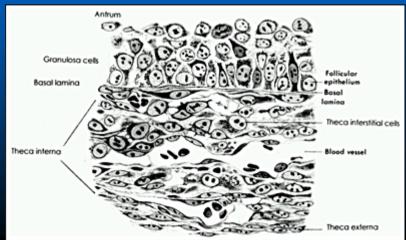
Graafian foliicle Azan_ 75

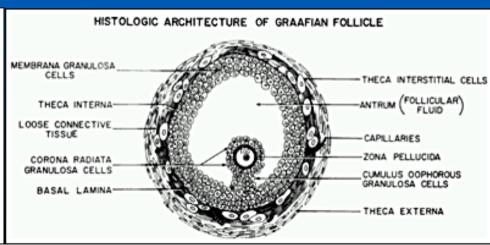
- FA = follicular antrum
- CR = corona radiata
- O2 = secondary oocyte
- ZG = zona granulosa
- TI = theca interna
- The oocyte is released along with the corona radiata.
- Notice the clear ring just around the ovum (arrow tip): this is the zona pellucida

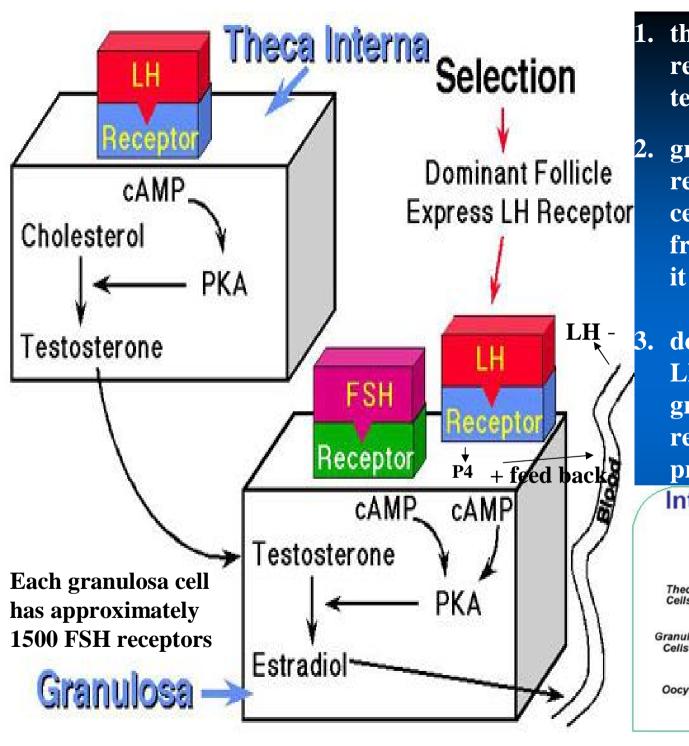


From Wheater's Functional Histology, 4th ed., 2000

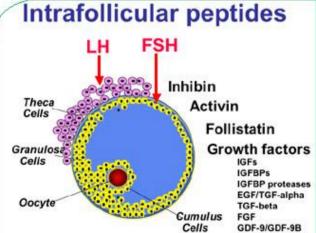


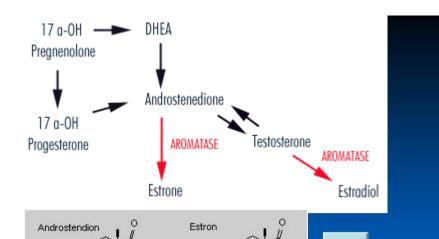






- 1. theca interna has LH receptor and produces testosterone.
- 2. granulosa cell has FSH receptor which causes cell to take testosterone from theca and convert it to estradiol.
- 3. dominant follicle has
 LH receptors on
 granulosa which can
 respond to LH to drive
 progesterone production.

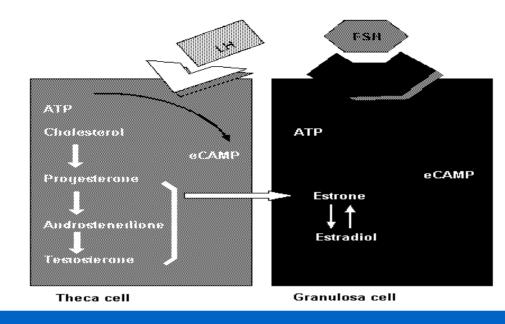




Estradiol

Promatase.

Testosteron



Ovarian steroidogenesis

|--|

	DAILY PRODUCTION RATE		
SEX STEROIDS*	Early Follicular	Preovulatory	Midluteal
Progesterone (mg)	1	4	25
17Hydroxyprogester one (mg)	0.5	4	4
Dehydroepiandroster one (mg)	7	7	7
Androstenedione (mg)	2.6	4.7	3.4
Testosterone (mg)	144	171	126
Estrone (mg)	50	350	250
Estradiol (mg)	36	380	250

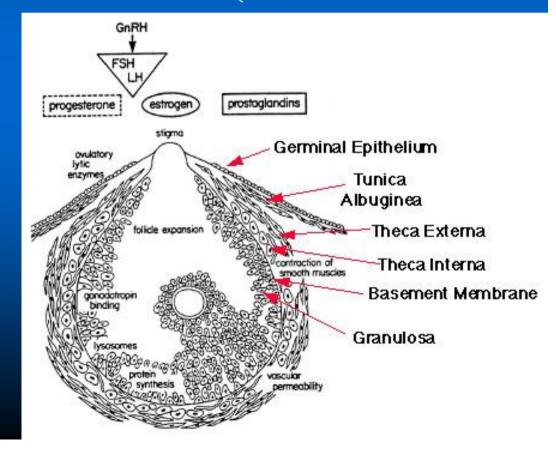
FSH causes increased aromatase activity, which converts testosterone to estradiol

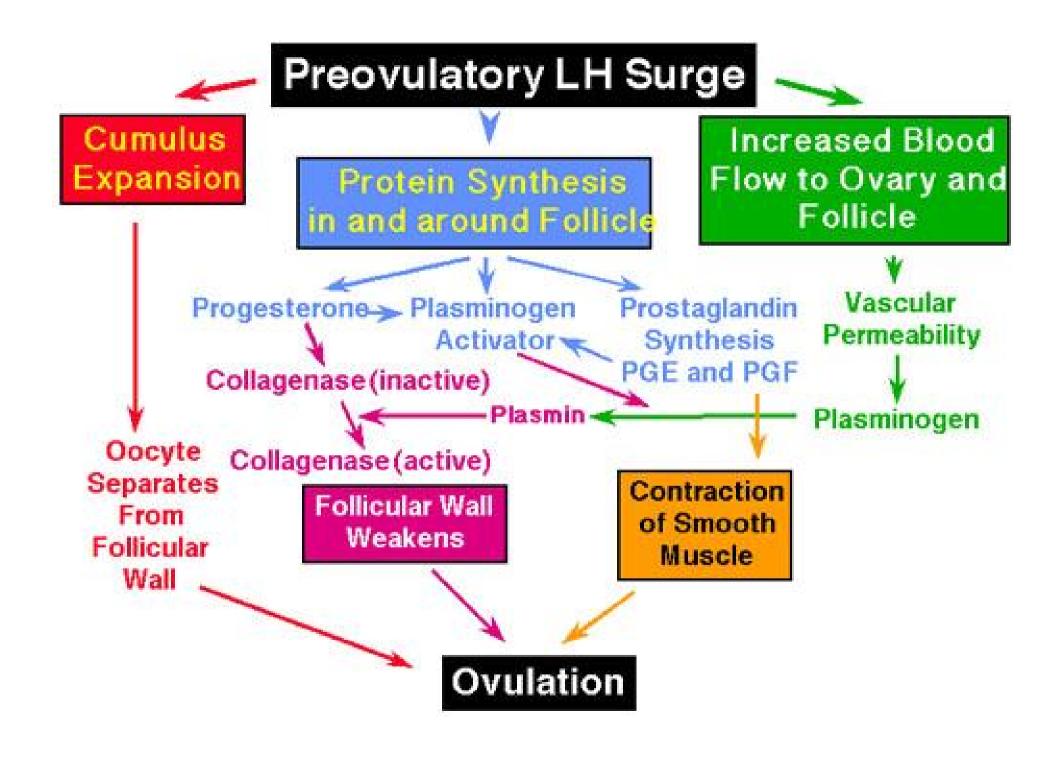
ovulation

• cumulus cells produce hyaluronic acid and proteins to cause cumulus expansion

increased blood flow to follicle (vascular

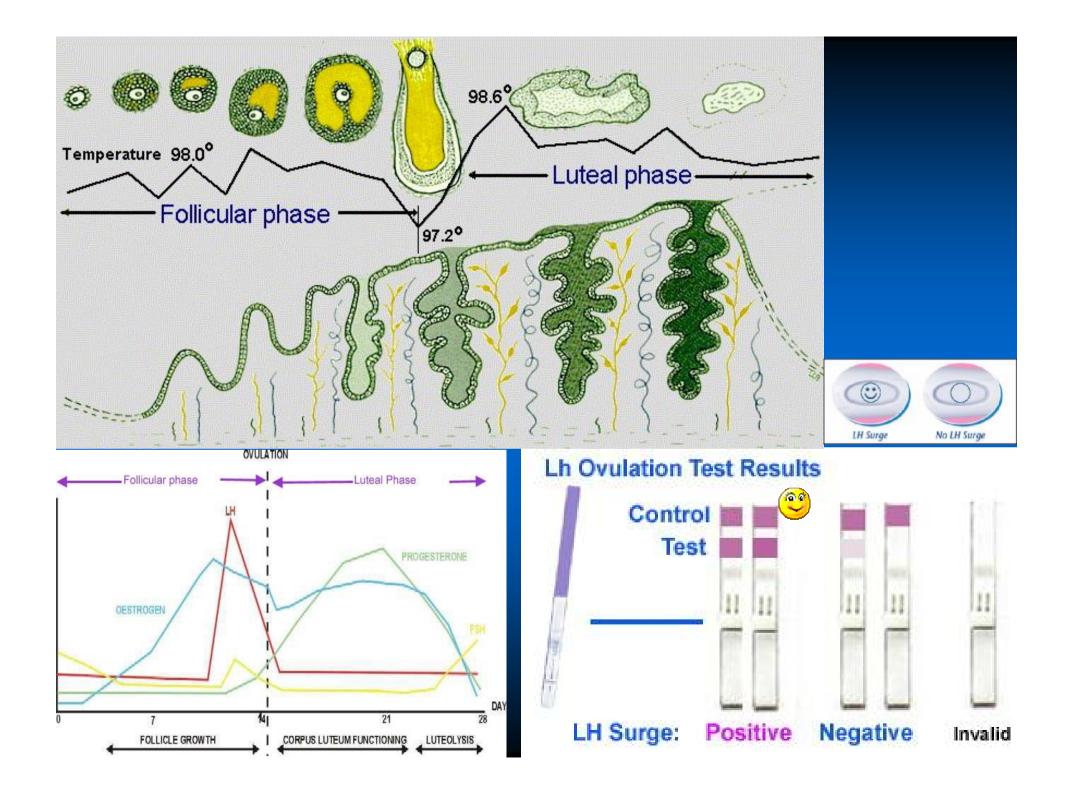
permeability \(\)





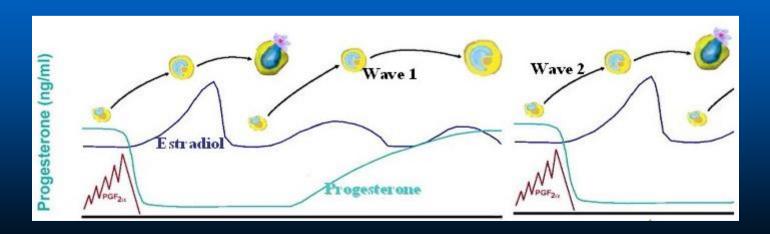
ovulation

- Triggers increase protein and steroid synthesis, and cellular differentiation within follicle
- Plasminogen is converted to plasmin by plasminogen activator (active collagenase \).
- Prostaglandin stimulates smooth muscle to contract and force the ruptured follicle to empty.



Control of the corpus luteum

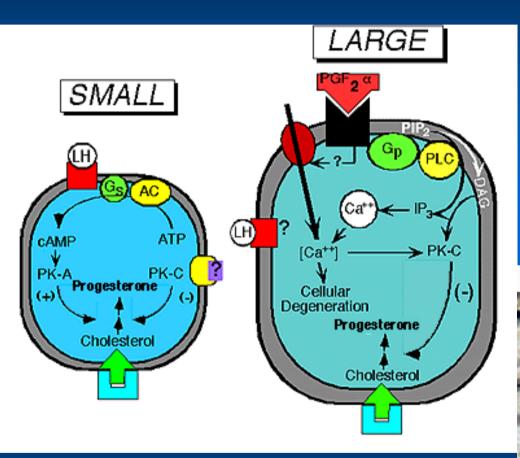
- CL is responsible for the estrous cyclicity.
- Uterus controls the lifespan of the CL in the cow, ewe, sow and mare.
 - Estrogens initiate uterus to synthesizes PGF₂ α .
 - Regression of CL is accomplished within 48 hrs.



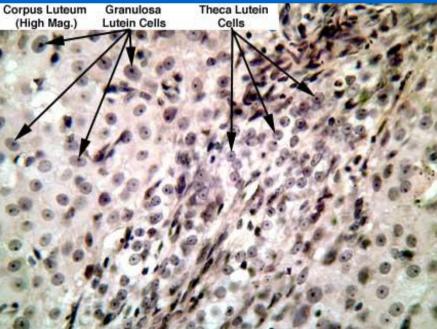
Control of the corpus luteum

- Estrogens \rightarrow endometrial oxytocin receptors initiate the release of PGF2 α , which causes the reaction of luteal regression.
- In ruminants, releasing of PGF2 α is induced by oxytocin secreted by the CL.
- In dog and cat, PGF₂ α → CL?

Control of the corpus luteum



LH stimulates the secretion of progesterone from small luteal cells while $PGF_{2\alpha}$ inhibits secretion of progesterone from large luteal cells and causes degeneration of these cells.



Early pregnancy

- Maternal recognition
 - modification of PGF₂ α by the luteotropic products from the conceptus and uterus
 - Trophoblast proteins (cow, ewe, doe)
 - Estrogens (sow, mare)
 - intrauterine mobility of the embryo (mare)
 - ? (bitch, queen)
 - antiluteolytic action or luteotrophic effect
 - to extend the luteal activity

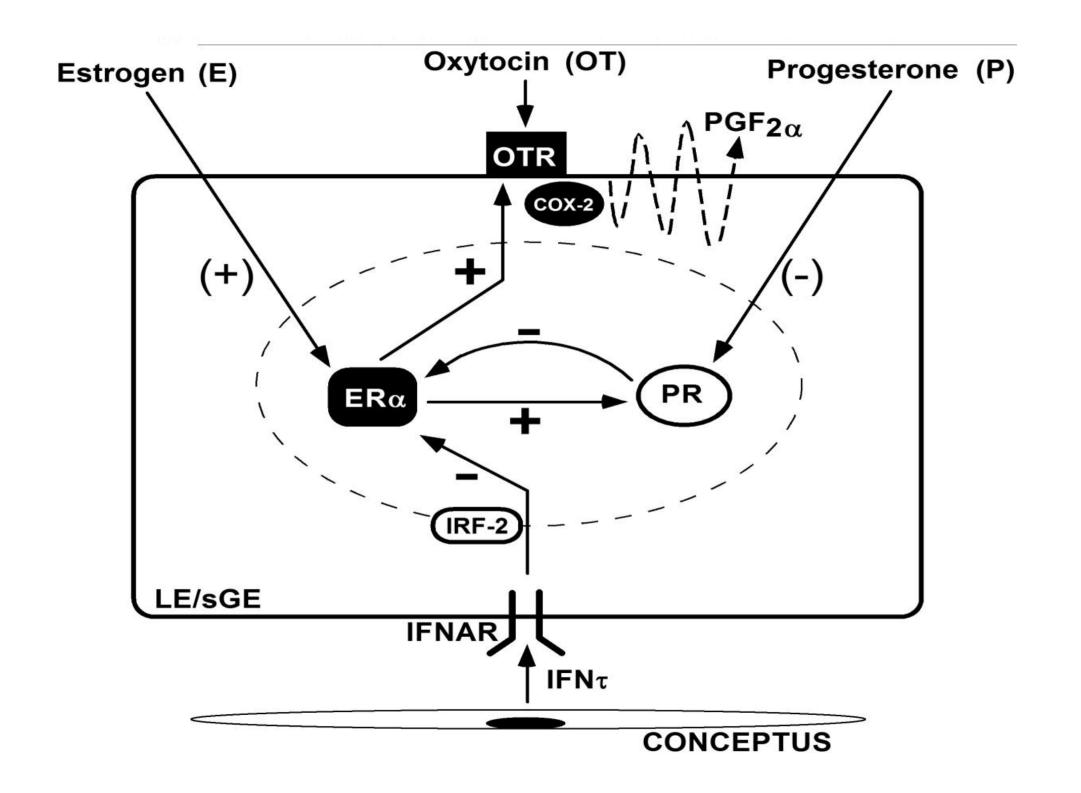
Early pregnancy

- Trophoblast proteins (cow, ewe, doe)
 - oTP-1 secreted between 10 and 21-24 days
 - bTp-1 secreted between 16-19 days
 - cTP-1 secreted on Day 17
 - to bind uterine oxytocin receptors
 - to block the uterine PGF2 α secretion

Trophoblast proteins

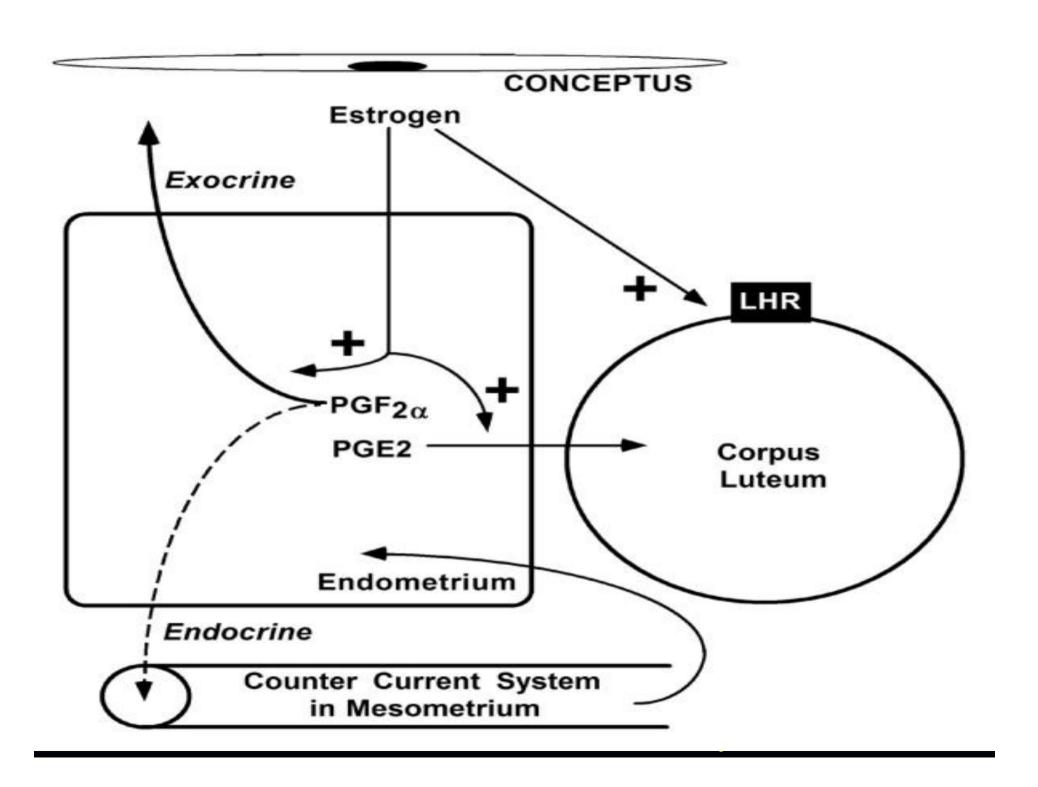
- Ovine trophoblast protein (oTP-1, IFN- τ)
 - MW 18,000, produced on Day 10
 - inhibiting the uterine oxytocin receptors
 - inhibiting the synthesis of PGF₂ α

 \longrightarrow PGF2 \downarrow , PGE2 \uparrow



Early pregnancy

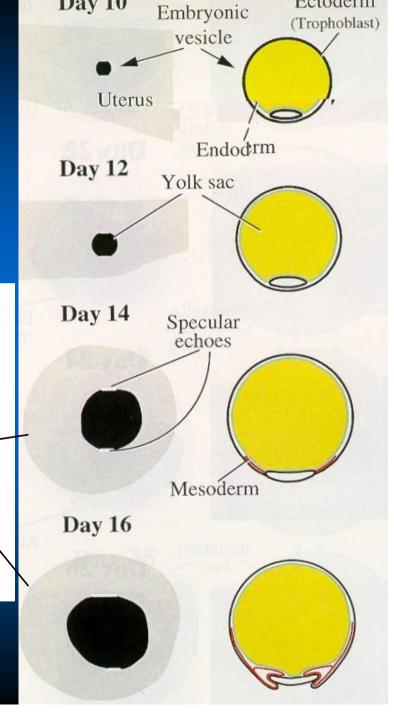
- Conceptus-derived estrogens (sow, mare)
 - estrone and estradiol 17- β converted from progesterone on Day 11, Day14-18
 - rapid enlongation of the blastocyst
 - releasing of calcium, specific proteins
 - ----- altering an endocrine of PG to an exocrine PG
 - metabolized to inactive PGFM
 - PGF2 → PGE2



There is extensive mobility of the equine conceptus within the horns and uterine body before fixation occurs between days 16 and 18.

MARE

?? Endometrial Prostaglandin Synthesis Inhibitor, (EPSI) from endometrium



Ectoderm

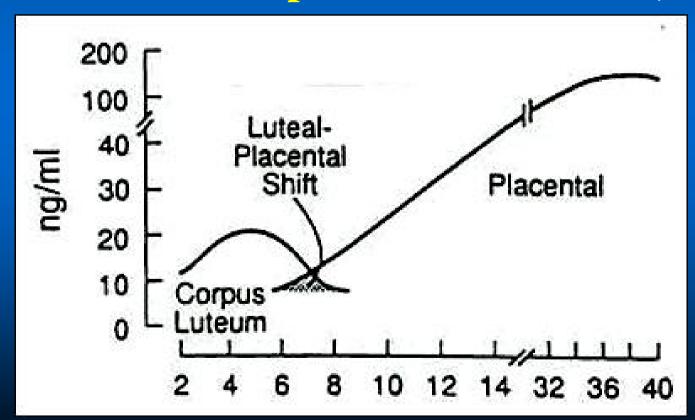
Day 10

Time of maternal recognition of pregnancy

	Day of recognition	Day of definite attachment
Mare	14-16	36-38
Cow	16-17	18-22
Sow	12	18
Ewe	12-13	16
Goat	17	

Corpus luteum & Pregnancy

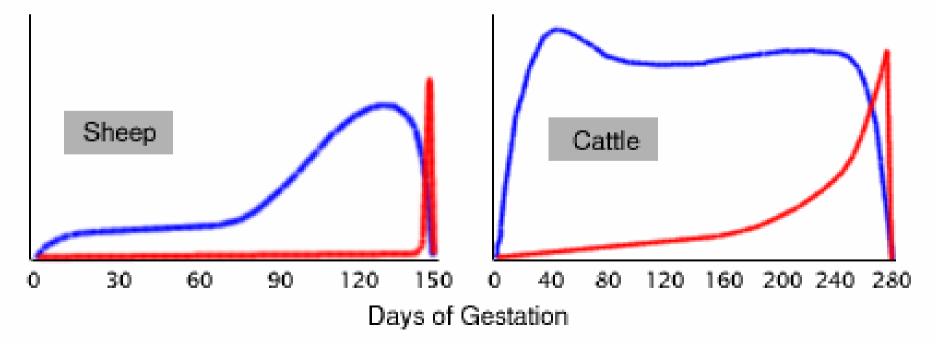
- P4 from CL: cow, sow, goat, dog and cat
- P4 from CL + fetoplacental unit: mare, sheep



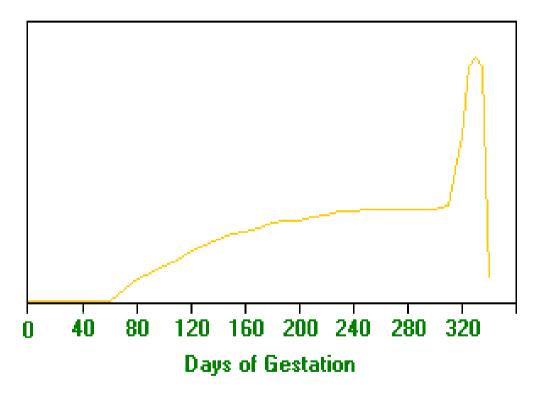
Pregnancy

- 1. The sheep placenta produces enough progesterone by day 60-70.
- 2. Luteal progesterone is required throughout gestation in cattle and goats because their placenta secrete much smaller quantities of progesterone.

Relative concentrations of progesterone () and estrogens () in maternal serum (Adapted from Bedford, et al. J Reprod Fert, Suppl 16:1-23, 1972.)

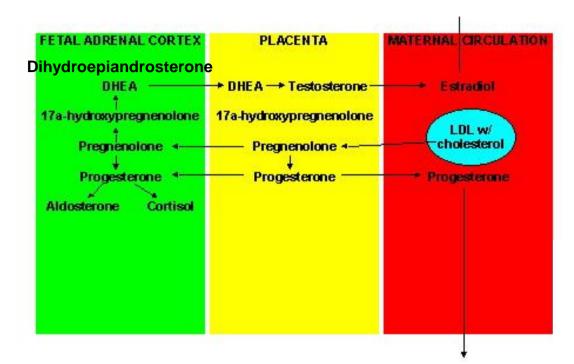


Circulating Hormone Concentrations in Mares During Pregnancy



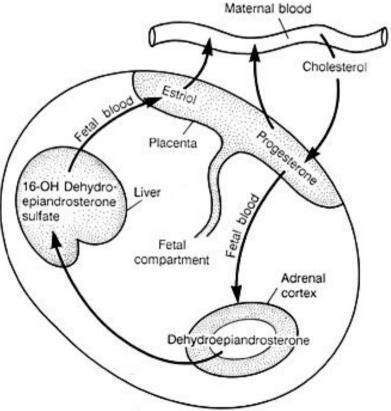
☐ Chorionic gonadotropin
 ☐ Estrogens - from ovaries
 ☐ Estrogens - from placenta
 ☐ Progesterone - from ovaries
 ✔ Progestins - from placenta

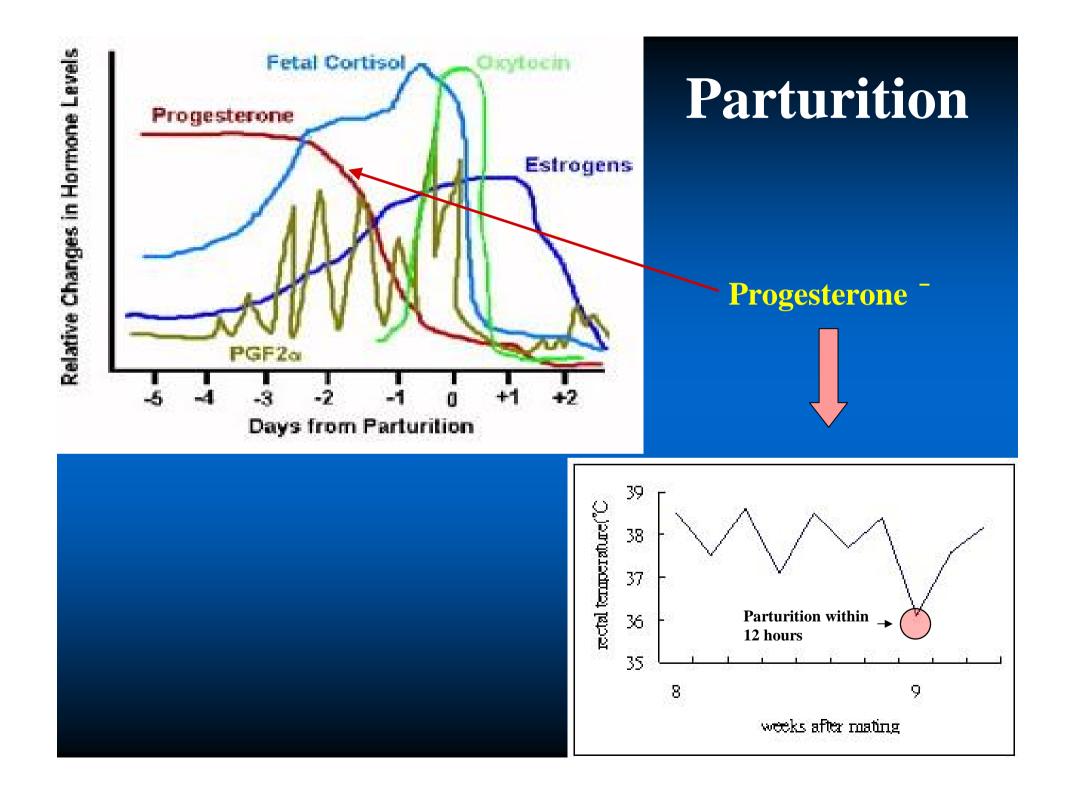
Relaxin

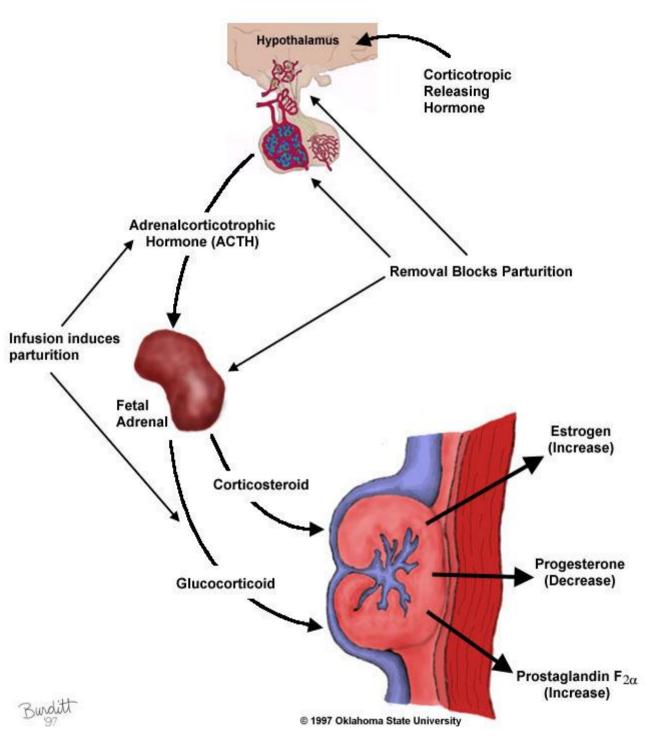


Fetal-Placental Unit

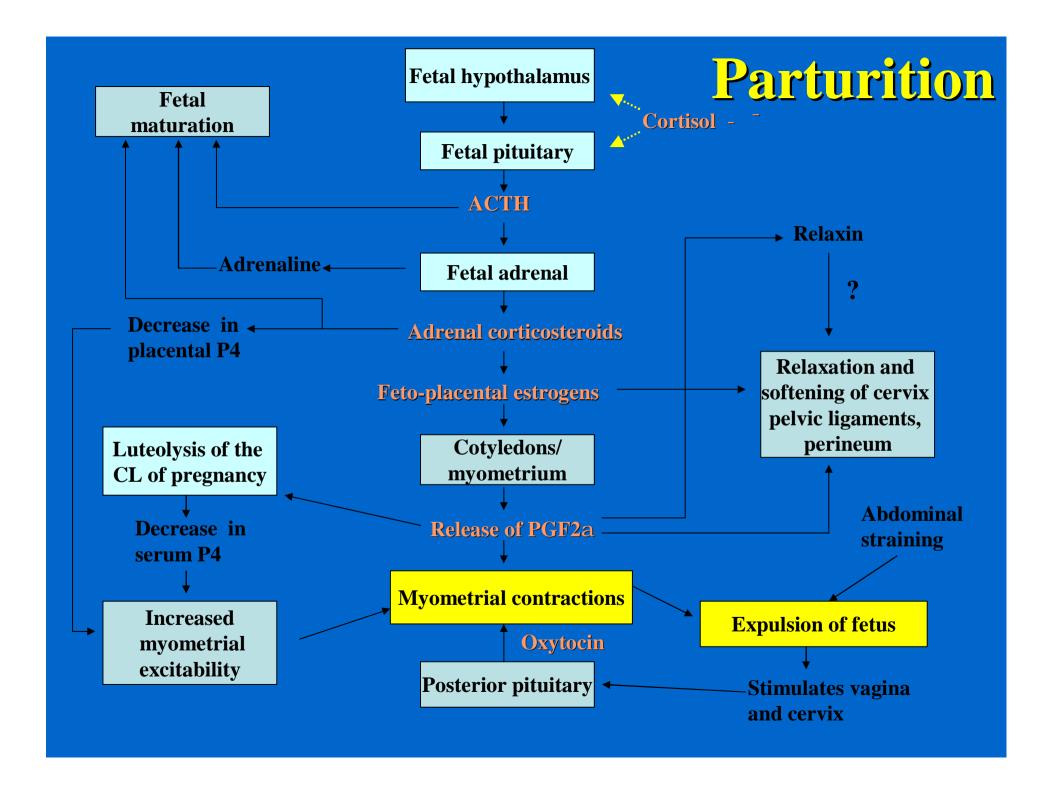




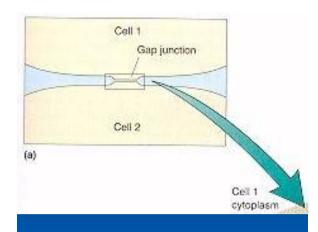




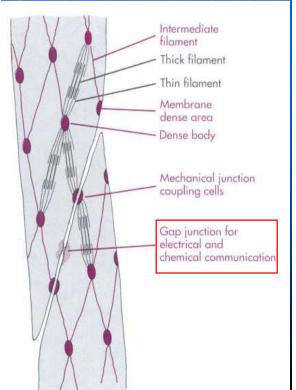


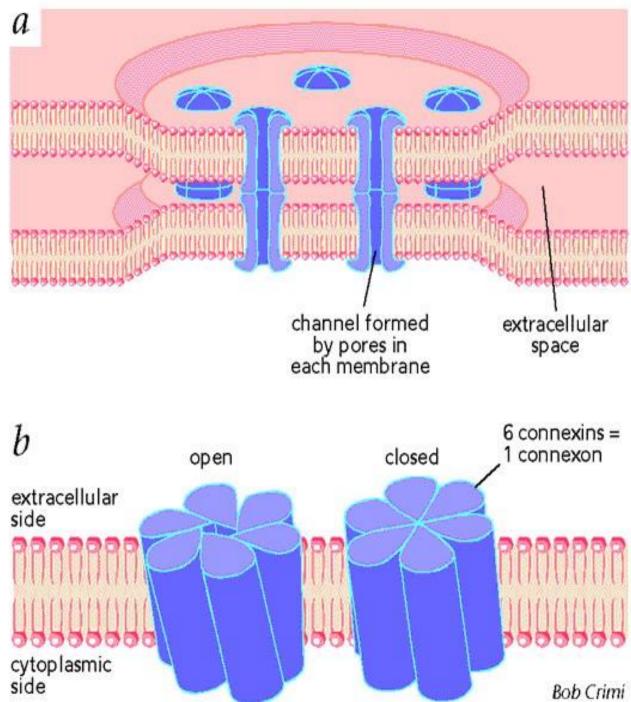


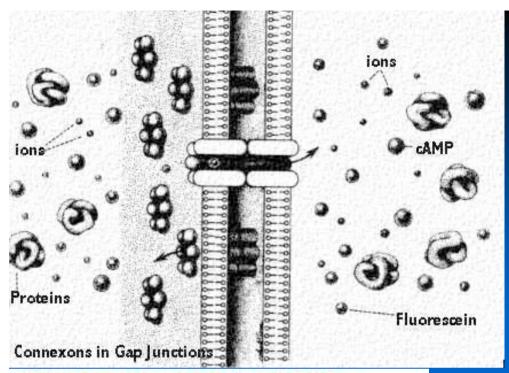
- Prostaglandins are soluble in fat and water,
 Prostaglandins → pass from cell to cell
- Actions:
 - smooth muscle contraction
 - luteolysis
 - softening of cervical collagen
 - developing gap junctions
 - movement of Ca²⁺ between the myofibrils
 - PGF2 α , PGE \uparrow , PGI2 \downarrow



Smooth muscle cells







Gap Junction In Animals Cells

Two connexons in register forming an open channel between adjacent cells

molecules (< 1000 daltons) that can pass include calcium ions, cAMP, ATP, glutathione, and large molecules like amino acids and sugars etc.

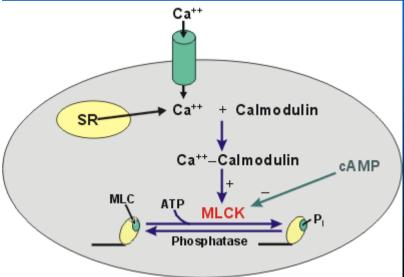


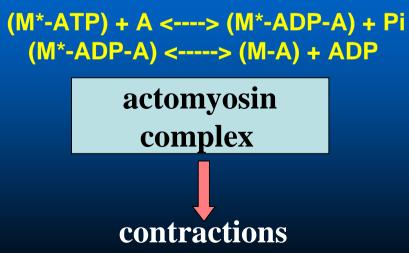
Smooth muscle contraction

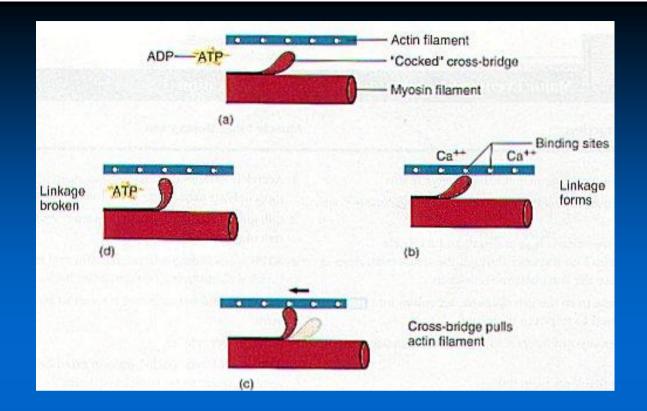
- Muscle protein: myosin and actin
 - Calmodulin activates MLC kinase



inactive myosin light chain



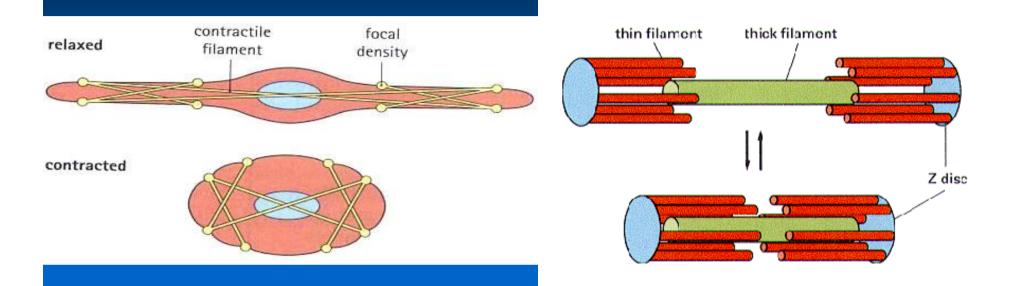




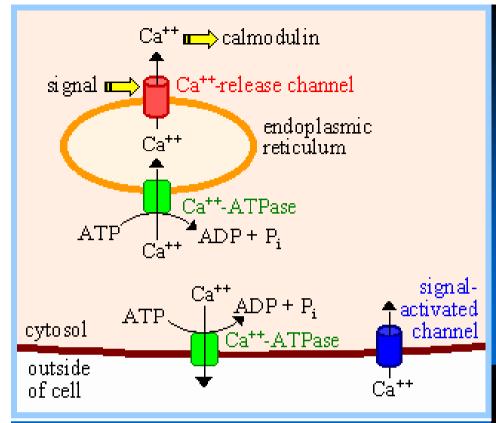
Smooth muscle contraction

- 1. Calcium ions come from outside of the cell.
- 2. Calcium ions bind to calmodulin-MLCK complex on myosin.
- 3. The enzyme complex breaks up ATP into ADP and transfers the Pi directly to myosin.
- 4. This Pi transfer activates myosin.
- 5. Myosin forms cross-bridges with actin.
- 6. When calcium is pumped out of the cell, the Pi gets removed from myosin by phosphatase.
- 7. The myosin becomes inactive, and the muscle relaxes.

Smooth muscle contraction



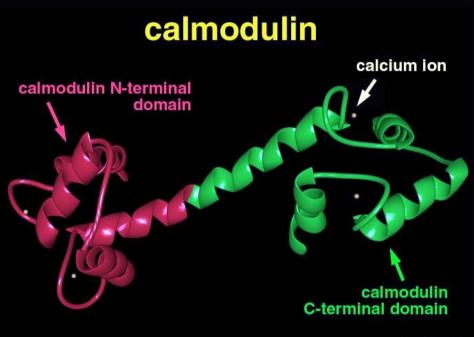
The top view shows a relaxed smooth muscle cell. Note the focal densities and the network of actin and myosin filaments. When contracted, the filaments slide together and pull the cell to a more rounded appearance.



Calmodulin mediates processes such as inflammation, metabolism, apoptosis, muscle contraction, nerve growth, immune response....



Calmodulin is one of the primary receptors of intracellular calcium. 4 Ca²⁺ bind to calmodulin. At each binding site, Ca interacts with oxygen atoms, mainly glutamate and aspartase side-chain carboxyl group.



Song Tan, 2001

- Actions of estrogens
 - contractile protein synthesis ↑
 - receptors of oxytocin and PGF2 α
 - calmodulin synthesis ↑
 - MLC kinase activity ↑
 - gap junctions ↑

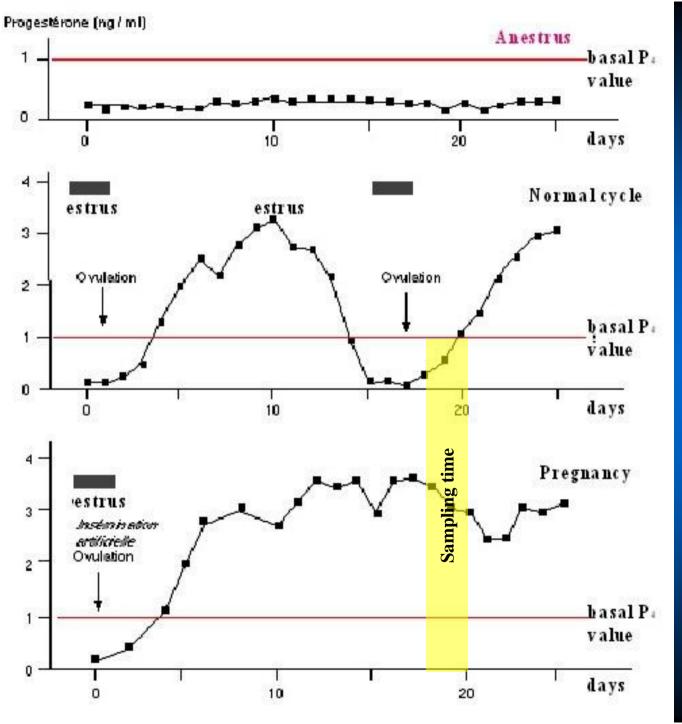
- Actions of progesterone
 - gap junctions ↓
 - receptors of oxytocin and PGF₂ α \downarrow
 - synthesis of oxytocin and PGF2 α
 - calmodulin binding ↑

- Actions of oxytocin
 - dependent on progesterone ↓, estrogens ↑
 - stimulation of receptors in the anterior vagina
 and cervix oxytocin release
 - increasing PG release
 - increasing Ca²⁺ release

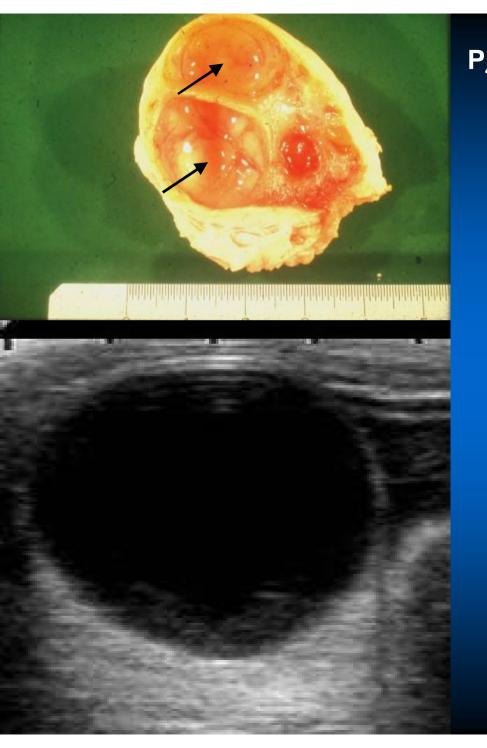
- Steroid hormone concentrations are lower in animals than in human. (estrogens < 1/10)
- Progesterone analysis give the most useful information on the reproductive status.
- Blood, milk, urine, saliva and feces are sources for endocrine information.

• Cow:

- P4 for early diagnosis of pregnancy
 - Negative forecast (98%) is better than positive forecast (67-90%).
- P4 for postpartum ovarian activity
- Estrone sulfate for diagnosis of pregnancy
 - from Day 120, 96% accuracy rate
- Bovine pregnancy specific protein B for early diagnosis of pregnancy on Day 30

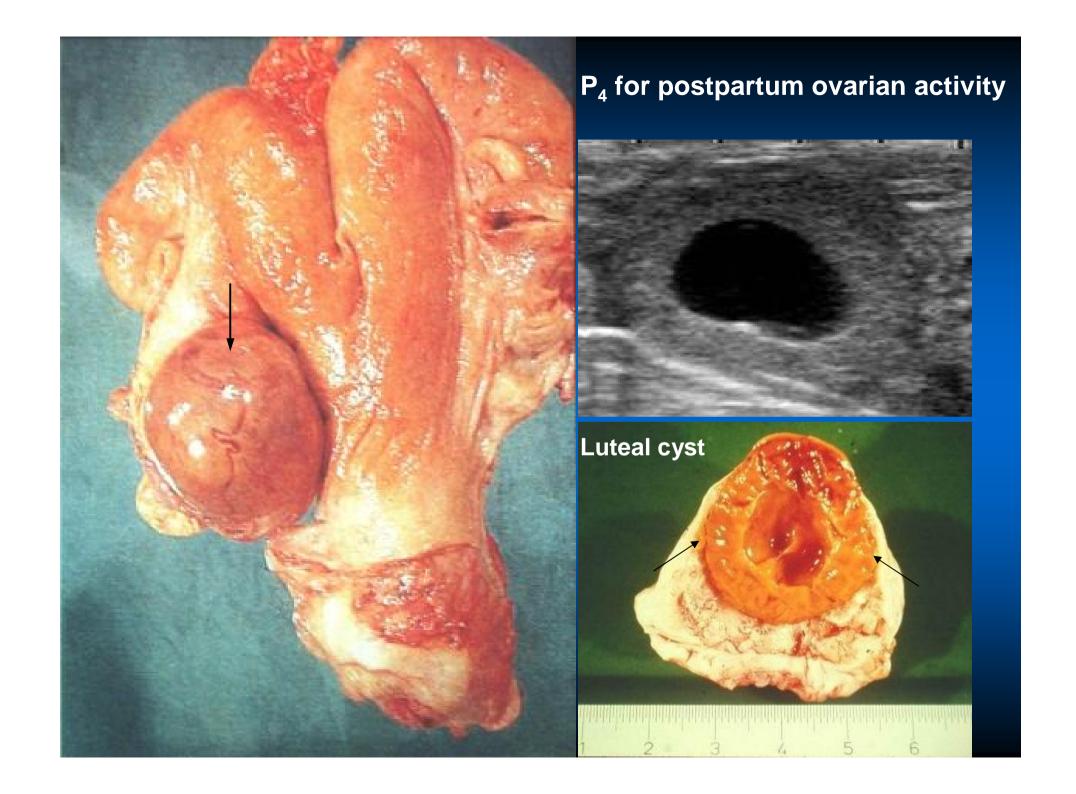


P₄ for postpartum ovarian activity or early diagnosis of pregnancy

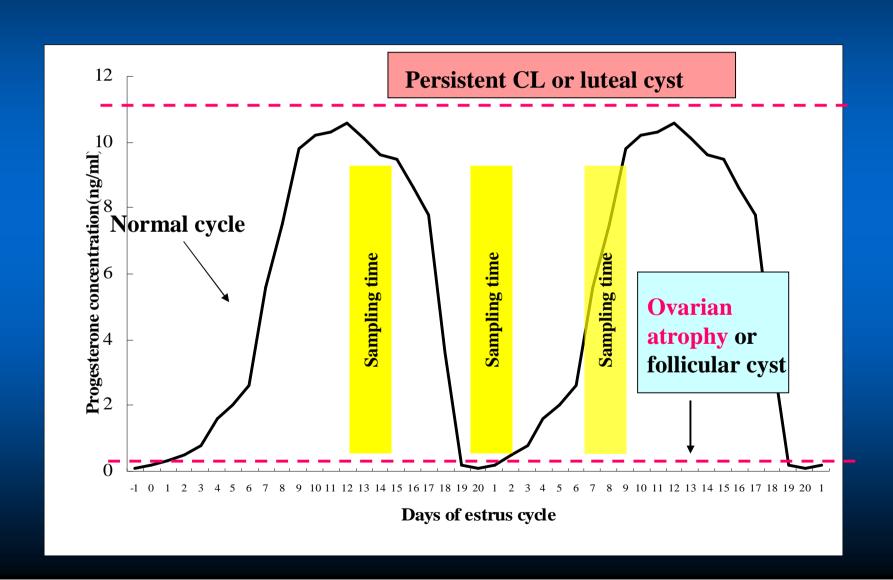


P₄ for postpartum ovarian activity

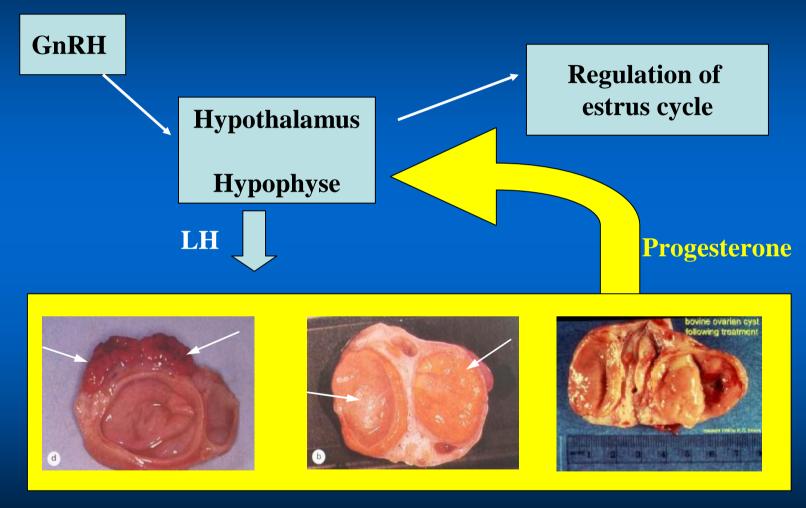




Diagnosis of the ovarian diseases in cattle

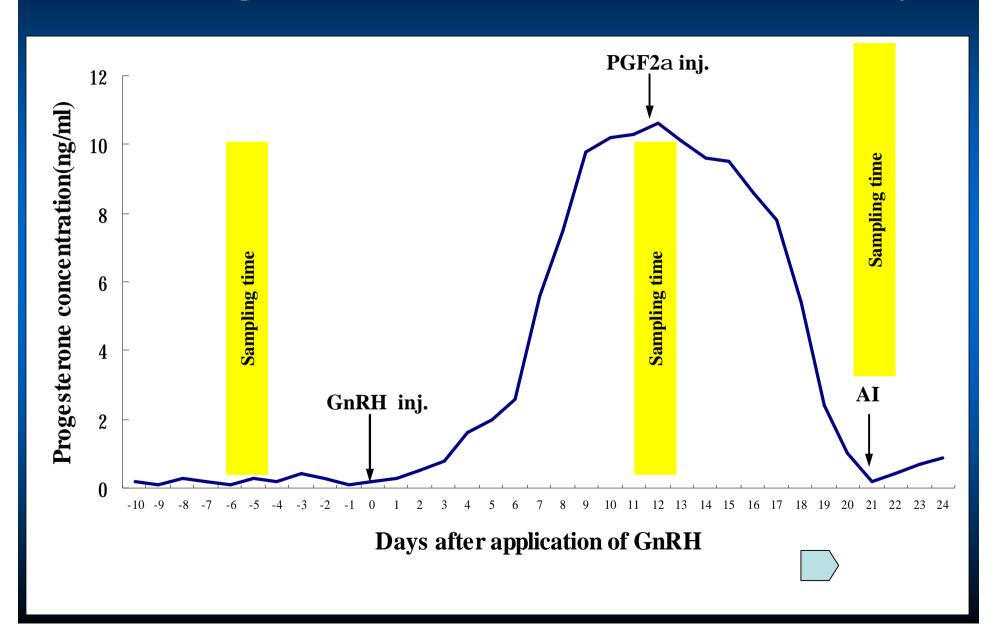


Treatment of bovine follicular cyst



ovulation stimulation or cyst luteinization or ovulation of cyst

Monitoring the treatment of bovine follicular cyst



• Sheep:

- P₄ for early diagnosis of pregnancy
 - P₄ in estrus: 0.15-0.25 ng/ml, in CL phase: 2-4 ng/ml, in pregnancy from 60 days: 12-20 ng/ml
- Estrone sulfate (fetoplacenta) for diagnosis of pregnancy from 70 days (≒ 88%)
- Pregnancy specific protein, ovine placental lactogen for diagnosis of pregnancy

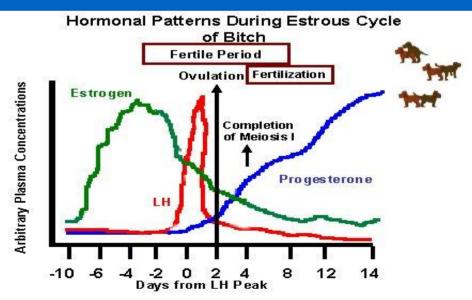
- Sow:
 - P₄ for early diagnosis of pregnancy
 - P₄ in pregnancy: 20-50 ng/ml
 - Estrone sulfate for early diagnosis of pregnancy from Day 20- 26, 98% accuracy rate

• Horse:

- eCG for diagnosis of pregnancy
- P₄ for ovarian activity
 - Persistent CL exhibits low P₄ value
 - Presence of cyclic ovarian activity
 - Ovulation prediction (88%)
- Estrone sulfate for diagnosis of pregnancy
- Testosterone for diagnosis of granulosa cell tumor, cryptorchidism

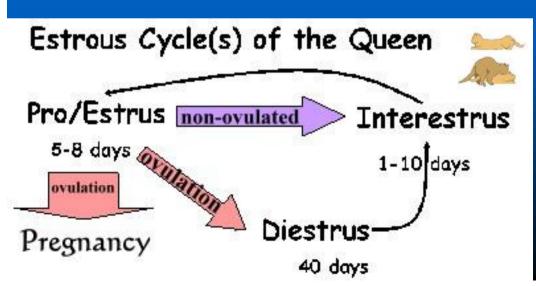
• Dog:

- P₄ for preovulatory breeding
- P₄ for diagnosis of remaining ovarian remnant
- Testosterone for checking the secretory status of the Ledig cells
- Confirmation of sertoli cell tumors: LH ↓ , T ↓ (Cryptorchidism)
- Relaxin for confirmation of pregnancy status



• Cat:

- P_4 for confirmation of ovulatory failure, P_4 ↓ 10 days postbreeding (P_4 < 0.15 ng/ml)
- Estrogen analysis (from feces) for ovarian follicular activity, completeness of an OHE
- Testosterone for evaluation of Ledig cell function in the testis
- Relaxin for confirmation of pregnancy status



General comments

- Reference values developed by laboratories are depend on the type of assay used.
 - 1 ng/ml as the basal value of P₄
- Harvesting serum soon after collection
 - RBC can metabolize P₄ to other steroids
 - Temperature \downarrow , P_4 decline slowly
 - Skim milk for the immunoassay of P₄

